

What do we do now?

ARE WE READY TO CREATE A NEW FUTURE?

Those of us who grew up during the last half of the 20th century were raised waiting for the end to occur. If it wasn't an atomic holocaust, it was the end of the world and the second coming of Jesus. It wasn't so much preparing for the future as preparing for the end of the world. Well, here we are, eight months into the 21st century and we are still here, and it looks like we will be here for a least a couple of centuries more, probably for thousands of years. The only large threat to our survival that still looms before us is the environment, presumably caused by our pollution. The problem certainly has a solution, and eventually, when the pressure gets really tough, we will implement the solution. So the question is: We have a whole New Age ahead of us - What are we going to do about it? Humans, as a species, seem to be goal-oriented, so what goal will we choose? In the past, it has been waiting for an atomic holocaust, or trying to prevent an atomic it, waiting for the end of the world and the return of Jesus. What goal will we choose now that an entire

(continued on page 2)

Lutheran, Episcopal churches unite

Episcopal Church leaders approved a historic pact July 8 with the nation's largest Lutheran denomination, voting to create an alliance in which the churches will share clergy, sacraments and strategy.

The Episcopal Church's House of Deputies, made up of 832 priests and lay people, approved the agreement a day after it was approved by the other chamber of the church's legislature, the House of Bishops.

Leaders of the 5.2 million-member Evangelical Lutheran Church in America approved the alliance last year.

"It enables our... churches to work together in a... mission to our broken and hurting world," said Very Rev. Donald Brown, co-chairman of the Episcopal Church's ecumenical relations committee.

"Both our communities will be living into reality Jesus' prayer that all his follow-

ers might be one."

While they differ in style, U.S. Episcopalian and Lutheran churches share similar patterns of worship and of regional organization.

"After 30 years of... dialogue, the two churches discerned tremendous congruity," said James Solheim, Episcopal Church spokesman. "It's a divine partnership."

Allowing the sharing of clergy will particularly help congregations in parts of the country where one church is strong and the other has a thin presence. In New England, for example, there is one Lutheran synod and one bishop, while the Episcopal Church has seven dioceses and a dozen bishops. Across the much of the upper Midwest, the opposite is true.

Rev. Lowell Almen, secretary of the

(continued on page 2)

Presbyterians working to ban gay unions

Religious ceremonies blessing the commitments of same-sex couples are one step closer to being banned in the Presbyterian Church (U.S.A.).

The chief policymaking body of the denomination voted by a narrow margin June 30 to recommend barring its ministers from officiating at blessings for gay couples even if the ceremonies stop short of marriage.

The measure still must be ratified by most of the church's presbyteries nationwide before it can become part of the Book of Order, the constitution for the 2.6 million-member denomination.

"This church cannot respect gay and lesbian relationships because homosexuality is a sin against God," said a proponent of the ban. He argued that the Presbyterian Church must stop blessing same-sex unions because the ceremonies implicitly condone homosexual behavior, which the church views as a sin.

The proposed ban passed the church's General Assembly by a vote of 268-251, with four abstentions.

Currently the New Age Community Church, headquartered here in Phoenix, is one of the very few churches in the world that performs weddings for homosexual couples.

CANCER DRUG CAUSES WEIGHT LOSS IN MICE

Scientists were testing a possible cancer drug when they spotted a side effect that might prove rather valuable: The mice lost a lot of weight.

Just 20 minutes after taking the chemical, the rodents' appetites were wiped out and with no apparent side effects.

The discovery indicates scientists may be able to regulate a major pathway in the brain responsible for appetite and fat-building. The chemical apparently fooled the brain into thinking the mice had eaten, so their metabolisms never slowed and they burned fat, researchers report in a recent edition of the journal *Science*.

"This is a real trick. The mice drop their weight like a stone, losing

25% of their body mass in a couple of days," said Dr. Frank Kuhajda, who led the research team at Johns Hopkins in Baltimore.

No one knows if the chemical, code-named C75, would work in humans. More animal research is needed before dieters could even test it.

Cancer cells use "fatty acid synthase," an enzyme, to produce their own fat for fuel, Kuhajda said. The Johns Hopkins researchers created an enzyme blocker to fight this process.

In testing, the C75 chemical made cancer cells in mice die without harming nearby normal cells, he said. And the mice all had the stunning side effect: They lost weight and continued to do so until the drug wore off.

Omega DIRECTORY

news, insights and straight talk for the coming New Age

WE DID IT!

Church must stay out of public school

A new analysis of the climate of the past 1000 years suggests that human activity is the dominant force behind the sharp global warming trend seen in the 20th century.

The study by Thomas Crowley, a geologist at Texas A&M University, found that natural factors, like fluctuations in sunshine or volcanic activity, were powerful influences on temperatures in past centuries. But he found that they account for

only 25% of the warming since 1900. The lion's share, he said, can be attributed to human influences, particularly to rising levels of carbon dioxide and other heat-trapping "greenhouse gases" that come from the burning of fuels and forests.

"These twin lines of evidence provide further support for the idea that the greenhouse effect is already here," Crowley wrote in describing the work in a recent issue of the journal *Science*. Several climate experts said his findings offer the most direct link yet between people and the 1.1 degree rise in average global temperature over the past 100 years.

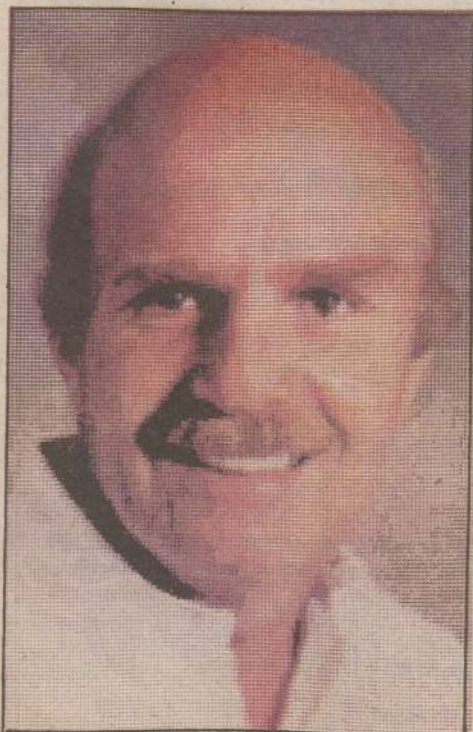
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ACLU asks for end to Bible Week

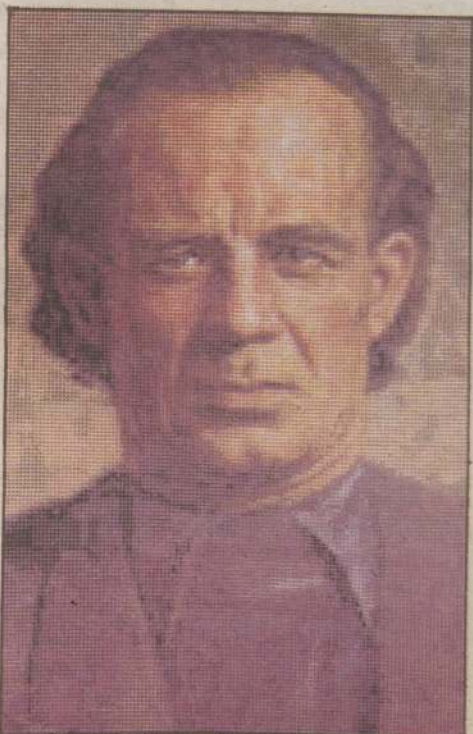
The Arizona Civil Liberties Union is counting on a recent U.S. Supreme Court decision against praying students in Texas to stop Mayor Cynthia Dunham from issuing any more "Bible Week" proclamations.

ACLU attorneys filed memoranda in U.S. District Court the end of June asking Judge Roslyn Silver to consider the high court ruling and reverse her 1999 decision on the Bible Week issue.

Last September, Judge Silver dismissed the ACLU's lawsuit against Gilbert on grounds their two resident plaintiffs, Ellis and Ellen Sklar, couldn't prove they were damaged. Judge Silver did not rule on the constitutionality of the proclamation, and the ACLU asked her in October to reconsider the dismissal. She has yet to rule on that request.



WAYNE DWYER, best-selling author of *Your Erroneous Zones*, *Your Sacred Self* and *Wisdom of the Ages*, will speak on *There's a Spiritual Solution to Every Problem*, Sunday August 20 at 2 pm at Unity of Phoenix, 1500 E. Greenway Parkway in Phoenix. Admission is \$20.



BRUNO GRONING (1906-1959) was a famous healer in Germany after WWII. Robert Freigassner will present a free lecture on these healing techniques Saturday August 19 at 1 pm at the Phoenix Public Library, 1221 N. Central in Phoenix.



PAIGE SULLIVAN, in response to popular demand, will conduct a free, six-week course, *Beginning Wicca*, starting Monday August 7 at 7 pm at Alpha Book Center, 1928 E. McDowell in Phoenix. Ms. Sullivan is well-versed in Wicca and ritual magick and has been teaching for several years. For further information call (602)253-1223.

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It is a great movement that is changing your life right now.

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August 13 - Earth changes - Why haven't they happened yet?

August 20 - Why is everyone so angry nowadays?

August 27 - Is technology taking us away from God?

September 3 - Does Satan have any power today?

New Age Community Church

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Gene seems to help speed up plant growth

Scientists may have found a way to manipulate plants' genes to sharply increase the speed at which they grow.

James A.H. Murray of the University of Cambridge in England and colleagues spliced a gene from a weed into tobacco plants, making the tobacco grow significantly faster.

The gene, known as Arabidopsis cyclin D2, controls cell division in a flowering weed called Arabidopsis. When the gene was inserted into tobacco, it produced a protein that caused the plants' cells to divide much more quickly at the tips of roots and shoots, the researchers reported in a recent issue of *Nature*.

The research could lead to ways to

make faster-growing food crops, possibly shortening growing seasons and therefore reducing the amount of herbicides needed.

GREENHOUSE EFFECT

(continued from page one)

The study has already sparked debate among camps of scientists who dispute the climate records used in Crowley's analysis, and others who say the oceans play an underappreciated role in controlling warming and cooling of the planet.

But many climatologists said it marked a substantial move forward in understanding forces that have warmed the Earth and are likely to continue warming it.

Resolving this puzzle - the balance between human and natural influences - has been something of a holy grail in atmospheric science, particularly because the answer could determine whether countries enact plans in coming years to reduce emissions of greenhouse gases.

Money for the dead

You can take it with you.

The dead need money to cover their expenses. Apparently it costs money to get to the other side.

The Hindus place a coin in the mouth of the corpse to use to pay the ferry that takes them to the spirit world.

A similar custom was observed in ancient Greece when a small piece of money was placed in the mouth of the dead to pay Charon to ferry them across the river Styx.

Is it possible that ghosts are those who could not pay the ferryman, so they have to stay here?

CHURCHES UNITE

(continued from page one)

Evangelical Lutheran Church in America, said the alliance may enable churches to open in areas where support among one denomination is not strong enough get one built.

Evangelical Lutheran Church in America spokesman Frank Imhoff said there is opposition to the pact among Lutherans who for centuries have been wary of authority and hierarchy.

Rev. Almen said some Lutheran congregations might leave the church, but he stressed much of the opposition comes from a misperception of the alliance, which takes effect January 11, 2001, as a merger.

"It doesn't mean either church body is losing responsibility for its own internal life or giving up its own history," he said.

WHAT DO WE DO NOW? (continued from page one)

millennium awaits us? For certain, what humanity will do is to explore.

We may think that the explorations of space and consciousness that we have undertaken during the last half of the 20 century are impressive, but they are nothing compared to the vast projects and accomplishments that lay before us.

During the Age of Aquarius, mankind will explore space to its limits. We will find alien life forms and actually set up colonies on worlds we do not even know of at this time. As we explore and conquer outerspace, we will also investigate inner space.

During this millennium, mankind will unlock the mysteries of consciousness and plumb the powers of the mind. Compared to the understanding science will gain, modern psycho-scientists are primitive savages worshipping stone idols.

But perhaps the most important accomplishment that lies before us, is the achievement of equal opportunity.

The Age of Aquarius is the age of the individual. But how can individuals wield the power now held by government, if the individual does not have opportunity to learn and develop his potential to the utmost. To reach this nearly-utopian goal, governments (before they phase themselves out of business) must set in motion the systems that will guarantee that everyone born has the same opportunity to grow and develop as everyone else.

Today that is not true except to some degree in Cuba and a few tiny European countries. The driving force of the 19th and 20th centuries is the same force that is keeping us from equal opportunity - wealth. Inherited wealth is the one factor that prevents each citizen from attaining his full potential.

Sometime in the next 125 years politicians will acquire the fortitude to make sure that every child and every young person has the same opportunities of education and personal development, regardless of color, religion or wealth.

Inherited wealth has led to the downfall of most of the recent political empires. When power stays in the same families, especially when the younger generations are not tested and tried as were the first generations, the wisdom of the rulership is missing and the empire falls to another dynasty or another nation.

To keep America strong, we must eliminate inherited wealth. Then this nation will not only remain stronger. It will become even stronger and maintain its leadership in outerspace and innerspace and all the frontiers of the New Age.

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Bishop speaks for gay rights

Skirting a Vatican order to withdraw from a gay pride seminar on religion and homosexuality, Bishop Jacques Gaillot sat on a couch outside a hotel conference room July 3 and explained where he thinks the Roman Catholic Church has erred.

"The church should not have second-class citizens," Gaillot said. "Homosexuals have the same right to tolerance and dignity as any other group." He explained that he was called the previous by his French superiors and told that the pope had asked that he not participate in the event, part of the seven-day gay pride festival called World Pride Roma 2000.

"I am being loyal and obedient to the pope," said Gaillot, who skipped the seminar but instead discussed the order with the press. "But the pope has done me a great service in creating an event out of me."

World Pride Roma 2000, which opened July 2, was timed to coincide with a Holy Year of the Roman Catholic Church. Vatican opposition elevated the Roman event into a tense political battleground, pitting church leaders and many right-wing groups against organizers and defenders of gay rights.

The Vatican's efforts to postpone the festival, and most recently, its effort to silence a bishop whose views do not reflect the Vatican's, has focused attention less on gay pride than on the state of tolerance inside the Holy See.

The Roman Catholic Church does not teach that homosexuality is a sin but that homosexual acts, as with adultery, are sinful. And the Vatican views the timing of the gay pride event as an offense to the church and to family values - as well as a political cudgel.

"It pains me to see that young people are being told that the church is their enemy," said Cardinal Ersiio Tonini, an emeritus arch-bishop who was one of the few church officials to address the issue on television during the weekend. "For us, they are always our brothers and sons. But shouting about pride in this public event is not right. The church has to tell the truth, even if that truth is not fashionable."

Falun Gong leader breaks silence with poem on Web

Breaking months of silence, Falun Gong's leader is telling his followers that China's crackdown on the banned spiritual movement is an "evil-wrought" test foretold by the sixth-century French soothsayer Nostradamus.

Li Hongzhi, who disappeared from public view shortly after Beijing outlawed his multimillion-member group in July, addressed his followers in an obscure poem and two - at times - unathomable statements published on a Falun Gong Web site.

While Li's followers have defied the crackdown with protests that have seen thousands hauled away, many beaten and, practitioners say, some killed by police, Li has maintained a mystical silence.

The former government grain clerk, who moved to New York in 1998, six years after founding Falun Gong, gave interviews and issued statements shortly after the government banned his movement as a menace to society and Communist Party authority.

Since then, however, the only sighting has been a photo published January 19 and posted on Falun Gong web sites of Li sitting cross-legged on a rocky nook on a cliff, apparently meditating.

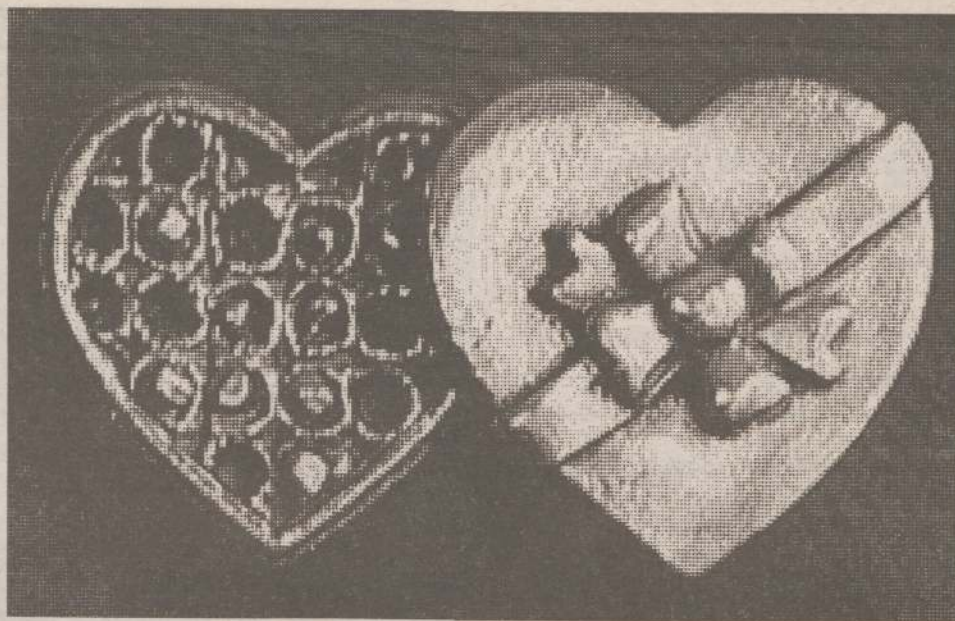
The caption says the photo was shot "after the Master left New York in July" but gives no details about where or when it was taken.

Likewise, neither his statement nor his poem titled *The Knowing Heart*, shed light on Li's whereabouts.

Falun Gong spokeswoman Gail Rachlin said June 30 that she hasn't seen Li for nearly a year, but "as far as I know he's still around the New York area."

In a statement dated June 28, Li said Nostradamus' prediction that "in the year 1999 and seven months, from the skies will come a Great King of Terror" foretold the government crackdown on Falun Gong in July 1999.

Nostradamus, an astrologer and physician, published a book of prophecies, which contained a series of rhymed quatrains grouped in hundreds. Because of their cryptic content - they were written in a French dialect no longer spoken - the prophecies have stirred much controversy.



Chocolate may be good for your health

Good news for chocolate lovers! Your favorite sweet may actually be good for your heart.

Researchers at the University of California at Davis have found that cocoa, the main ingredient in chocolate, has an anti-inflammatory effect that lowers the risk of blood clots, which can cause heart disease.

"Our study suggests that chocolate may be part of a healthy diet when consumed in moderation," said study author Carl Keen, professor of nutrition and internal medicine at the school. Results of the study were published in the July issue of the *American Journal of Clinical Nutrition*.

Keen and his colleagues recruited 30 non-smokers with no history of heart disease for the study. On separate occasions they each drank either water, a caffeinated beverage, or a cocoa drink. Each time, blood samples were taken before they drank the fluids, and then, two and six hours later.

Researchers found that blood platelets clotted less for those who drank the cocoa mixture. Platelets, an important part of red blood cells, are essential to proper clotting. But they can become too sticky or too active, and then blood clots can form inside the body. If they're large enough, they can cause a heart attack.

Keen says doctors often prescribe a baby aspirin a day for older patients to help prevent heart attack because baby aspirin helps keep platelets from becoming too sticky. The cocoa drink had a similar, but less robust effect, Keen said.

But one nutritionist thinks the study could lead some astray.

"The idea of telling a population where one of two Americans is overweight and one of three is obese to indulge once in a while in chocolate is not the best advice in my opinion," said Dr.

David Heber, a professor of medicine and public health and director of the UCLA Center for Human Nutrition at the UCLA School of Medicine.

"UNLESS IT OFFENDS ME"

Americans say speech should be free

Most Americans say they value the Constitution's First Amendment principles - but they have reservations when it comes to the open expression of views they find objectionable, a survey finds.

On the subject of press freedom, half said U.S. news media have too much freedom, while the other half said the press has about the right amount or not enough freedom said the poll by the Freedom Forum's First Amendment Center.

"It appears many Americans are having second thoughts about the First Amendment," said Kenneth Paulson, executive director of the center. "They treasure it as part of this nation's heritage, but they become uncomfortable when it allows others to speak out in offensive ways."

The survey, released June 30 to coincide with the July 4 weekend, explores America's commitment to the 45-word First Amendment:

"Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances."

Paulson said the Founding Fathers never envisioned the influences of today's popular culture but added, "They recognized that the right to express unpopular opinions is the cornerstone of our democracy."

About half in the new poll said art should not be put in public places if it may offend some members of the community, and public speech that offends members of a religious group should not be allowed. Two-thirds said public remarks that racial groups find offensive should not be allowed.

Sentiment that the press has too much freedom tended to fluctuate over the past year. Just over half thought the press had too much freedom when the poll was taken last year in the aftermath of President

Melting ice cap is raising sea levels

As the greenhouse effect warms the climate, more than 50 billion tons of water a year is melting from the Greenland ice sheet, adding to a nine-inch global rise in sea level over the last century and increasing the risk of coastal flooding around the world, a study shows in a recent issue of the journal *Science*.

A NASA high-tech aerial survey shows that more than eleven cubic miles of ice is disappearing from the Greenland ice sheet annually. That's equal to about 12.5 trillion gallons and is enough to raise the sea level by 0.005 of an inch annually.

"We see a significant trend (in loss of ice mass)," said William B. Krabill, first author of the study. "When we can go back after five years and see ten meters of glacier gone, there is something happening."

Krabill, a NASA scientist and head of the ice sheet measurement project, said the melting of Greenland ice and the calving of icebergs from Greenland glaciers is responsible for about seven percent of the annual rise in global sea level.

Clinton's impeachment fight. The ratio who thought the media are too free dropped to four in ten by September of last year.

The poll, conducted this year during the intense coverage of the custody fight over the Cuban boy Elian Gonzalez, saw public apprehension over too much press freedom rising again. Members of focus groups suggested intense media coverage, as in the Elian case, might be a factor in public sentiment that the press has too much freedom.

"Public support for freedom of the press is mercurial," Paulson said. "We also have a strong sense that the public's support for freedom of the press is directly tied to what they see on television (news programs)."

Although nine in ten said people should be allowed to express unpopular opinions, support for that view dropped sharply when the question became more specific. Most (78%) disagreed that people should be allowed to burn or deface the American flag in a political statement, and four in ten disagreed that musicians should be allowed to sing songs with lyrics that might be considered offensive.

In other findings, the poll suggested that:

- About six in ten thought the government should be allowed to place restrictions on the amount of money an individual can contribute to someone else's political campaign. About the same number thought campaign contributions should be a protected form of free speech.
- Just over half thought the government should be involved in rating television programs.
- Three-fourths believe that violence on television and in video games and music lyrics contributes to violence in real life.

The telephone poll of 1015 adults was taken April 13-26 and has an error margin of plus or minus three percent points.

Mother arrested for taking photo of child in tub

In Oberlin, Ohio, Cynthia Stewart, took pictures of her eight-year-old daughter, Nora, as she took a bath. An ardent photographer, Ms. Stewart intended to put the cute photos in the family album.

Instead, she was arrested and charged with make child pornography when the film developer gave the roll of film to the authorities.

The National Coalition Against Censorship (NCAC) sent a letter to the local newspaper pointing out that the Supreme Court has said that "innocuous photographs of naked children" are protected by the First Amendment, and observing that "It is ironic when law enforcement officials so easily disregard the rule of law. The First Amendment is the law of the land, and the Supreme Court still provides its authoritative interpretation."

To the Ohio State Attorney General's Office NCAC wrote: "There is no legal justification for equating nudity with obscenity or child pornography, and doing so would have serious implications. Much great art, including religious art, depicts the naked human form, from Adam on the Sistine Chapel ceiling and the statue of David, to Balthus' painting of *The Guitar Lesson*. Many historical texts contain images of childhood nudity, some of them

sexualized. If the crime consists in creating a nude image of a minor, is it also unlawful in Ohio to view such pictures? To draw or paint them? Or is the line in Ohio drawn without regard to any predictable or rational understanding of what the Constitution requires, solely dependent on prosecutorial discretion, no matter how abusively exercised?"

The emotional political mood was such that no legal agency paid any heed to the NCAC letter.

But, because of the public attention that was raised, the legal authorities made a plea bargain with Ms. Stewart.

They would drop the charges against her if she would agree to destroy the two offending photos and take some counseling.

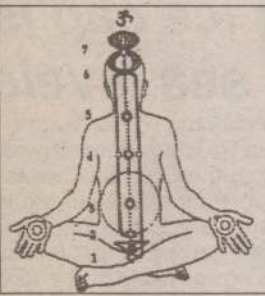
Though the plea bargain was a tacit admission that she was guilty of the charges, Ms. Stewart agreed to the terms because she was concerned about the effects on her daughter. She had also been threatened with loss of custody.

The Lord neither creates the works of this world nor the state of the individual nor the joining of the works to the fruit of the works. Nature works these things out.

- Bhagavad Gita



REV. DR. JOHN RODGERS conducts services each Sunday morning at 10:30 am at the New Age Community Church, 6418 S. 39th Avenue in Phoenix. August 6 his topic will be *What is self realization? The basic facts.* August 13 he will discuss *Earth changes - Why haven't they happened yet?* August 20 - *Why is everyone so angry nowadays?* August 27 - *Is technology taking us away from God?* September 3 - *Does Satan have any power today?* Services include music, meditation, tarot reading, healing and refreshments. Doors open at 10 am. For further information and directions call (602)237-3213.



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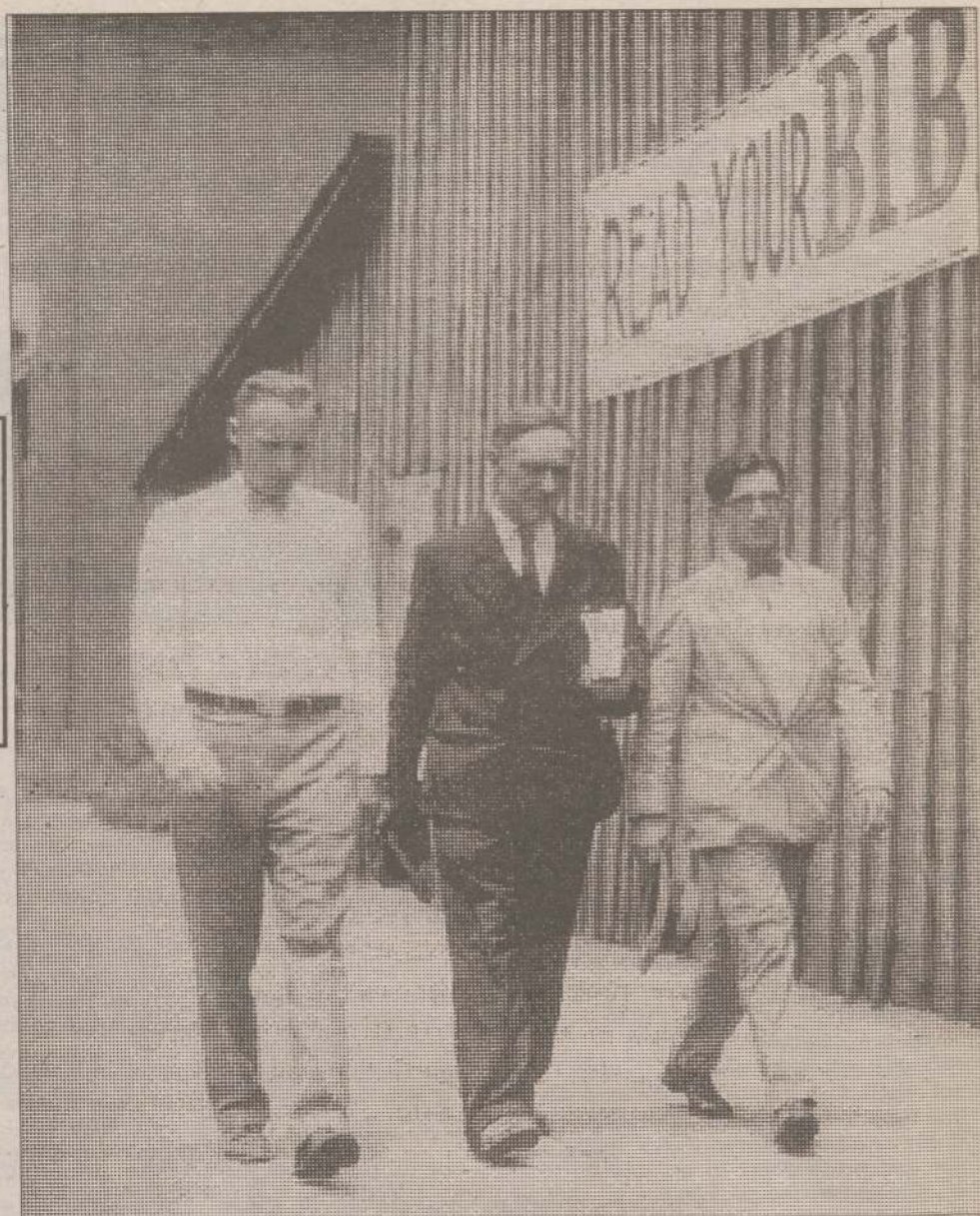
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JOHN SCOPES (left) and his original attorneys, John Neal and George Rappleyea, under a "Bible" banner on their way to court in the 1925 Scopes "Monkey Trial."

JESUS CULTS STILL WON'T QUIT

Evolution trial held 75 years ago

Last month marked the 75th anniversary of the most celebrated debate between the theory of evolution and the doctrine of creation - the Scopes "monkey" trial in which a young Tennessee science teacher was prosecuted for violating the state's prohibition against teaching evolution. He was convicted but fined only \$100, and the law was eventually repealed.

The controversy did not end there.

Scientists before Darwin had speculated about the diversity of life. But it wasn't until such publications as *Origin of Species* defined the concept of natural selection that the process was made clear. Darwin's book sold out in one day. Almost immediately, scientists and then the public applauded his principles as sound though incomplete. Over the past century and a half, those principles have been even more solidly established.

In some ways, it is even better understood than gravity.

By the turn of the century, evolution was generally accepted and had found its way into America's classrooms.

Then the Christian fundamentalist movement began. By 1920 it was firmly established in this country and its religious leaders began a crusade against liberalism and evolution. The Scopes trial was its first major conflict.

Accepted for the most part overseas, evolution has had a roller coaster ride in the U. S. Last year the Kansas Board of Education voted to delete virtually any mention of evolution from the state's science curriculum.

In Arizona schools, teaching evolution is allowed, but some teachers who fear protests decline. Legislators from time

time try to ban evolution or include creationism.

ASU genetics professor Elliott Goldstein says science has done "a poor job of explaining evolution to the public. 'That's it in a nutshell.'"

Anti-evolutionists insist the term "theory of evolution" suggests scientists are uncertain of the facts. But the word "theory" does not mean "guess." Scientists define theory as a series of provable facts, an organizing framework that has predictions and is testable.

Darwin was not the first scientist to shake the doctrinists. In the 16th century, Polish astronomer Nicholas Copernicus put forth the startling notion that the Earth revolved around the sun, instead of the reverse.

Ignorant believers feared that God would not be able to find them if the Earth were constantly moving.

To remove Earth from the center of the solar system was disturbing enough, but then Darwin removed humans from the center of the animal kingdom. Christian preachers taught that man was given dominion over the creatures of the Earth. Darwin's ideas instead put man on a par with every creature from gnats to whales.

Darwin, who followed the tenets of the Church of England as well as Unitarianism, was a reluctant prophet. Knowing his findings would be unsettling, he published his research only at the urging of his wife.

At the same time, Austrian monk Gregor Mendel was developing rudimentary theories of genetics, though they would largely be ignored until scientists rediscovered his work around 1900. The field of genetics took root in the 1930s, building on Darwin's studies and reinforcing

10 Commandments may have to leave Neb. park

A polished marble monument with the Ten Commandments etched across it has been in a Plattsmouth, Nebraska, city park for 35 years, but it may soon have to be removed.

A resident has complained to the American Civil Liberties Union of Nebraska, saying a religious monument should not be on public land.

About 50 people gathered at a City Council meeting Monday night when the issue was discussed. None of them spoke in favor of removing the monument, City Administrator Gary Burr said.

Burr said the council has asked its legal staff for an opinion on the monument.

Gene discovery seems to speed plant growth

Scientists may have found a way to manipulate plants' genes to sharply increase the speed at which they grow.

James A.H. Murray of the University of Cambridge in England and colleagues spliced a gene from a weed into tobacco plants, making the tobacco grow significantly faster.

The "th6" gene, known as Arabidopsis cyclin D2, controls cell division in a flowering weed called Arabidopsis. When the gene was inserted into tobacco, it produced a protein that caused the plants' cells to divide much more quickly at the tips of roots and shoots, the researchers reported in the June issue of *Nature*.

HENRY VON ZORN DIES - VALLEY CHARACTER

Henry von Zorn, of Phoenix, passed away June 25, at the age of 73.

He was born February 26, 1927 in Paris, France. He was preceded in death by his second wife, Ella and is survived by his son, Edwin Michael Zorn of Phoenix and his sister, Marie-Therese Chatoux of Paris, France and her family.

During the German occupation of France in WWII, von Zorn was drafted into the German army and forced to assist the Gestapo.

He immigrated to the U.S. after the war.

During the 60's and 70's von Zorn was well-known in Central Phoenix for

the utopian systems of government he devised. They were based on Buddhist and Caballistic principles.

Like all utopian systems, there was little chance of their being implemented, but the systems, which were constantly being modified and renewed by von Zorn, were very interesting.

The truly memorable quality of these utopian systems were the beautiful and complex diagrams which von Zorn drew up to illustrate them. His calligraphic renderings made each diagram a work of art.

Von Zorn will be long remembered for his zeal in the service of a better world for the New Age.

AMORC to conduct open meetings in Arizona

The Southwest Regional Committee of The Rosicrucian Order, AMORC, a worldwide metaphysical fraternity announced that it is breaking with the tradition of closing meeting to members only and has scheduled a series of monthly open meetings in Sedona and in Mesa.

AMORC (The Ancient and Mystical Order of the Rose Cross) was founded in 1915 by H. Spence Lewis, based on teachings that go back to the middle ages.

The meetings, open to all interested parties, will discuss such topics as creative visualization, projection of consciousness, karma and reincarnation and various other subjects of interest to the spiritually inclined.

According to the AMORC District Manager, Robert Von Buhler, the meetings are designed to be an outreach to non-members of the Order in Northern and Central Arizona.

The August Sedona meeting will be held on Saturday, August 12, at the Earth Mother Father Foundation, 2144 W. Highway 89A in Sedona. Doors open at Noon and the meetings starts at 1 pm.

West Valley NACC moves

The West Valley New Age Community Church has moved and will now be holding services at 4442 N. Seventh Avenue #2 in Phoenix.

Rev. Gary Pace, pastor of the church which meets once a month, says that the new location is much easier to find and will lead to larger attendance.

The church will be meeting in classroom provided at Illusions.

The first meeting in the new location will be held Sunday August 13 at 7:15 pm. For further information call (602)237-3213.

Author at Alpha Book Center

Toby Heathcote, author of *Alison's Legacy*, will be Alpha Book Center, 1928 E. McDowell in Phoenix, Saturday August 19 at 2 pm to autograph her book and talk about life in eighteenth century England.

Alison's Legacy is an *Alma Chronicle* that deals with an individual in a past century learning of her past lives.

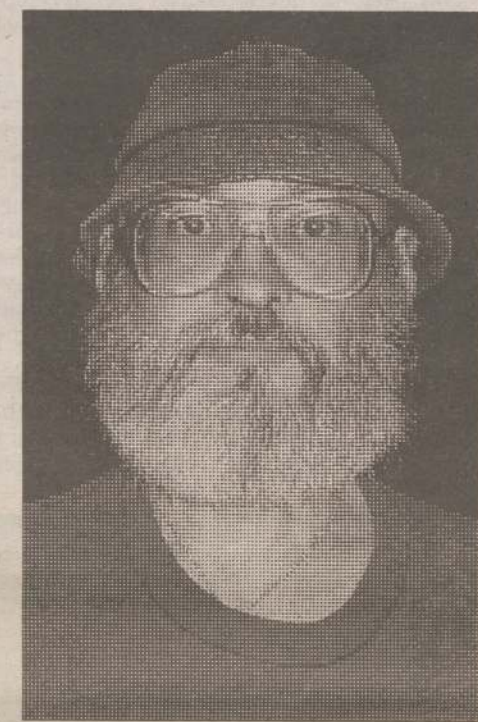
For more information call (602)253-1223.



MARK EARLIX, gifted Valley healer, will present a free lecture *Put the Power of Healing to Work in Your Life* Wednesday August 2 at 7 pm at Borders, 1361 S. Alma School in Mesa. Saturday August 12 at 9:45 am he will present an all-day Energetic Scanning Intensive at Val Vista Lakes Clubhouse, 1600 E. Lakeside Drive in Gilbert.

An open meeting of the Valley of the Sun Pronaos, will be held August 5 at the Oddfellows Hall 234 N Center in Mesa at 1 pm.

The open meetings are free, and are open to all interested parties.



ALEX PIERSON

7 classes slated for pendulum dowsing

Alex Pierson will conduct five free pendulum dowsing classes, *Learn How to Dows* and *Some of the Infinite Ways to Use Dowsing*, during the month of August.

Learn How to Dows will be held Sundays August 13 20 at 3 pm at Alpha Book Center, 1928 E. McDowell in Phoenix, and Saturday August 26 at Beyond Pretty Rocks, 302 E. Flower in Phoenix.

Some of the Infinite Ways to Use Dowsing will be held Saturday August 12 and Wednesday August 16 at 7 pm at Alpha Book Center. Pre-registration is required for this special class.

Pierson is offering a limited three-hour *Advanced Dowsing* class, Sunday August 27 at 1 pm at Alpha Book Center. In addition to other materials, those who attend this class be given Waif Woods books, *Letter to Robin*, on advanced dowsing. Seating is limited. Pre-registration is required.

Pierson has been a dowser for over 20 years. He is a member of the American Society of Dowers, and has completed all the courses the Society offers.

These classes will discuss the various dowsing instruments, how to ask questions of the pendulum and how to program it and increase its accuracy.

Students are asked to bring pen and paper to all classes. Pendulums will be provided or they can be purchased for as little as \$2.

All classes are free, except for the *Advanced Dowsing* class, which is \$20. For further information call (602)253-1223 or 241-1302.

Illusiona has moved

Illusions bookstore has moved to Suite # 2, 4442 N. Seventh Avenue in Phoenix. All classes and activities will be held at this address.

Owners Carla and Dave Crowfoot struggled for weeks moving the shelving and merchandise. They were helped by a crew of volunteers.

The store was located at 18th Avenue and Camelback.

For further information call (602)265-2935.

Burning Man ritual set for Mt. Temple

The ritual of the Burning Man, in which a large male image is filled with symbolic objects and set afire, has been long associated with the sabbat of Lamas.

The Burning Man ritual represents the death of the grain god in order to feed the people. The most famous Burning Man takes place on Labor Day at Black Rock, Nevada. A 50-foot image is set afire.

Mountain Temple Center, 1533 E. Lupine in Phoenix, will present a Burning Man Lamas Ritual Saturday August 5 with the gathering at 8 p.m., the ritual to start at 10 p.m., followed by a pot luck.

Since this is an election year the theme of the ritual is to banish big, bad, intrusive government so that it can be replaced by a government that will be responsive to the people through the election process.

Participants will be encouraged to bring pictures, news articles, government paperwork, articles of clothing and any other thing that you want to stuff into the straw man to send him on his way.

Mountain Temple Center will also have classes on Aleister Crowley (Sunday August 6, at 7 p.m.), Magickal Systems (Sunday August 13, at 7 p.m.) Anton



BLACK ROCK BURNING MAN IN 1994

Lavey (Sunday August 20 at 7 p.m.) and Ordo Templi Orientis O.T.O. (Sunday August 27, at 7 p.m.).

\$5.00 donation is requested for all events.

Sahaja yoga classes set

Weekly classes in Sahaja Yoga will be held beginning Wednesday August 2 at 7 pm in the Board Room of the Mesa Public Library, 64 E. First Street in Mesa. Weekly classes will also be held beginning Friday August 4 at 7 pm in classroom A (near cafeteria, lower level) of the Thunderbird Samaritan Hospital, 5555 W. Thunderbird in Glendale.

Sahaja Yoga is not the traditional yoga of postures and breathing exercises. It is a meditative system, which trains the nervous system. The mind comes to rest, the nerve system becomes sensitive to the vital energy within us. Students say, that then they begin to feel a gentle cooling breeze flowing through their nervous system.

Students say that if you are sensitive and hold your right hand above the head of a baby you will feel this same cool, breeze-like energy that flows from the top of its head. They teach that this is the life-energy of the baby.

All practitioners of Sahaja Yoga claim to have this cool life-energy flowing from the top of their heads and from their hands.

Sahaja Yoga was developed by Shri Mataji Nirmal Devi, an Indian woman whose life purpose is to give this state to all who seek it. Shri Mataji speaks of the present times as a period of transformation. She says that soon everyone will practice Sahaja Yoga and then world peace and true brotherhood will become reality. She started her work in 1970. Now there are ten of thousands of people from all walks of life whose lives have been changed by Sahaja Yoga. She is now 77 and hopes to live to see her vision come true.

For further information call (602) 276-0045 or visit the Sahaja Yoga website at www.sahajayoga.org.

Melatonin may fight skin cancer

Melatonin, the hormone that affects skin pigmentation and has been widely touted as a slumber aid, now appears to prevent skin cancer in mice exposed to a powerful chemical carcinogen, researchers say.

There's no evidence the approach works in people, but the finding bolsters previous research showing that melatonin seems to have cancer-fighting properties.

Evidence that melatonin guards against tumors is "quite strong," said Dr. Russel Reiter, a cell biologist at the University of Texas at San Antonio, and editor of the *Journal of Pineal Research*, named for the brain gland that produces melatonin. But "by any means, it's not a miracle" cure, Dr. Reiter said.

The latest research was conducted at EFA Sciences, a Massachusetts biotechnology firm that specializes in finding novel treatments for cancer, diabetes, heart problems and other conditions. The finding was reported in the May-June issue of the journal *Medical Science Monitor*.

Yoruba ceremony set

The Yoruba Cultural Center will conduct a spiritual cleansing ceremony under the full moon Sunday July 16 at 7 pm at Papago Park, Ramada 16, in Phoenix. This Full Moon contains the energy of the Obatala, the spiritual energy for purity, peace and happiness.

Chief Adetunti Olokodana will conduct the ceremony on behalf of the Yoruba Cultural Center.

Those attending should bring a beach chair, blanket, or pillow to more comfortably interact with Mother Earth during the ceremony.

A \$12 donation is asked.



WILLOW

Wiccan high priestess to teach at Abracadabra

Three important classes in Paganism will begin this month at Abracadabra, 4613 E. Thomas in Phoenix. These courses will be taught by Willow, a practicing high priestess and psychic reader.

Practical Magick will cover the basics in divination and spell-casting as well as the uses for candles, herbs and oils in magick. The student will be taught how to control the energies in his or her life. This class starts Saturday, August 26 from 1 pm to 3 pm and will run for six consecutive Saturdays.

Wicca 101 starts again Saturday, August 26 from 11 am to 1 pm and will run for six weeks. The student will be taught the basic philosophies of Wicca as well as the holidays, tools and Full Moon rituals.

Advanced Wicca classes begin Monday, August 21 from 7 pm to 9 pm and will run for six weeks. In this advanced class, the student will be taught to create a ritual and build sacred space. We will also cover the Lesser Banishing Ritual of the Pentagram. The cost is \$25 for each course.

For more information call (602)840-2041.

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Counseling course to start this month

Sunday August 13 at 4 pm Counseling of the New Age will begin at the New Age Community Church offices, 6418 S. 39th Avenue in Phoenix.

Taught by Rev. Dr. John Rodgers, this eight-week course is part of the New Age Community Church Seminary Program. Rev. Dr. Rodgers is a theologian, psychic, teacher, lecturer, author, world recognized authority on religion and New Age philosophy, and a leader in the Valley for over 25 years.

With the seminary in its 19th season, more than 200 students have entered the program, which has small classes and much individual guidance.

Because of increased regulation being imposed in Arizona in the practice of counseling, more and more spiritually-minded individuals are looking to the ministry as an avenue for their practice, because pastoral counseling cannot be regulated by state law.

Successful completion of the full seminary program leads to ordination as a New Age minister.

This semester will cover the principles and practice of New Age counseling for personal development. The development of divination and inspiration will also be covered.

"In addition to being taught how to counsel others," says Rev. Dr. Rodgers, "students will learn a lot about themselves and how to deal with their own problems."

"Those who are already in a practice will still learn much about the mechanics of the personality and the causes of mental and emotional disorders. Several effective systems of counseling and treatment will be presented during the course."

The seminary program includes five semesters covering a total of eight months. Students may start the seminary program at the beginning of any semester

and may take all or only once semester. Anyone completing a semester may repeat it as often as they want at no charge. - Cost of this semester is \$95, which includes the textbook and other materials. For further information call (602)237-3213.



L. JOSEPH NICHOLS, author of *The Soul as Healer*, will be at the Alpha Book Center, 1928 E. McDowell in Phoenix, on Sunday August 6 at 2 pm to discuss affirmations and visualizations and to autograph copies of his book.

FBI e-mail monitoring criticized by experts

Privacy advocates and technology experts on July 24 blasted a new FBI program to police the Internet, saying the system allows agents to monitor e-mails of people who are not targets of criminal probes.

"The FBI asks you to trust them with unsupervised access ... to literally millions of innocent (and private) communications," Barry Steinhardt, associate director of the American Civil Liberties Union, told a House subcommittee investigating the system. "For me, that's an enormous leap of faith that the public is being asked to take."

The e-mail-sniffing system, known as "Carnivore," allows law enforcement officials to sift a suspect's messages out of the full stream of data passing through an Internet service provider, like America Online.

Scientists say black holes resemble parent galaxies

Like infants, the most monstrous black holes in the cosmos apparently owe their growth patterns to the family setting in which they are born.

A study of more than 30 black holes conducted by NASA's Hubble Space Telescope reveals an intriguing linkage between a hole and its host galaxy.

Initial evidence suggests that each black hole evolves along with its galaxy by trapping what researchers called an amazingly precise and consistent fraction of the available food: that is, a black hole reaches two-tenths of one percent of the mass of the central bulge of densely packed stars and gases that whirl around it at the galactic center.

A team led by John Kormendy of the University of Texas - Austin described their insights into the mysteries of black holes recently at a meeting of the American Astronomical Society in Rochester, N.Y.



LAMA KADAG DORJE RINPOCHE
Tibetan lama to set up institute in Valley

Lama Kadag Dorje Rinpoche is moving to the Phoenix area this month and hopes to have a new dharma center, the Lakshminkara Buddhist Institute, open by October.

Under the authority of H.H. Gangchen Tulku Rinpoche, abbot of Gangchen Choepel Monastery in Tibet, and with joint accreditation by The Indian Board of Alternative Medicines the institute will be offering for the first time in the U.S. a one year program of personal and professional development for health professionals, in the Tantric aspects of Tibetan medicine.

Students will learn meditational, yoga, massage and acupressure modalities of treatment, with methods of assessment and management based upon Buddhist principles.

Kadag Rinpoche aspires to make the teachings of Buddha available to all interested persons in the Phoenix area emphasizing the vajrayana or "tantric" perspective of practice, derived from the Ganden Oral Lineage of the Gelugpa school of Tibetan Buddhism.

The Institute will offer several events, activities and groups that will introduce and nurture within people their potential for a blissful and engaged life by awakening to the Buddha within.

For further information call (602)971-9632.



A BLACK HOLE IN SPACE

Jacque's Place TV show premieres this month

Jacque Solomon, host and executive producer of *Jacque's Place* the TV show for "health, wealth & happiness" announced that the locally produced program will begin broadcasting on Wednesday, August 23, from 9 to 10 a.m., on the PAX network station, KPPX-TV, channel 51 and Cox Cable channel 17. The show will also air in Flagstaff, on PAX station KBFX-TV channel 13. The first eight *Jacque's Place* segments were taped with a live studio audience in Tempe, at the KAET TV studios on the ASU campus. *Jacque's Place* is the only national TV live audience talk show taped in the state of Arizona.

Ms. Solomon's guests are nationally known, best-selling authors and experts in the fields of personal growth, prosperity, spirituality, wellness, diet and nutrition, wholistic healing, relationships, motivation, success and anything that helps people to improve their lives. Ms. Solomon loves to invite guests to her show who are breaking new ground - experts with leading-edge information that is especially valuable to people seeking personal fulfillment.

Four of her first eight guests are Valley residents—Robert Kiyosaki, author of *Rich Dad Poor Dad*, Terri Bowersock, owner of Tern's Consign & Design Furnishings and author of *Success, It Can Re Yours*, Lynn Andrews, author of *Medicine Woman*, and Dr. Doris Rapp, Environmental Medical Specialist and author of *Is This Your Child?*

The *Jacque's Place* TV schedule until late in September can be found on the back page of this issue.

Jacque Solomon has been called "another Oprah Winfrey", and is credited with "returning the vision to television".

Her enthusiasm is contagious as she explains why she believes she is filling a much needed niche in the landscape of daytime TV talk shows.

"*Jacque's Place* is entertaining, infor-



JACQUE SOLOMON

mative, joyous, uplifting, solution-oriented, healing, and fun!" she says. "A TV innovation whose time has come!"

Jacque's Place will resume production in September. Free tickets to be a member of the studio audience are available. For further information call 602-439-0420.

Past life hypnotic regression classes set

The process of past life discovery is the theme of a new class taught by Rev. Laurie McDonald at the School of Consciousness, 3241 E. Shea Blvd in Phoenix.

The class, *Exploring Past Lives, Part One*, begins on Thursday August 31 at 7 pm and runs for six consecutive weeks. Part two of the class also runs for six weeks immediately following part one.

A *Past Life Regression Evening* will be offered Thursday, August 24 at 7 p.m. as a class overview for interested students. Location will be 40802 N. 26th St. in Cave Creek.

"As you learn about who you have been in past lives, and the many roles you have played, you begin to compile a personal history of your own soul," Rev. McDonald says.

Learning to be a good subject in regression hypnosis is easier than you think, she says. Rev. McDonald. Students will have the opportunity to practice in structured way so that they improve hypnosis and visualization skills a little more each week.

Twelve self-hypnosis tapes are given to students to practice at home.

An extremely important credential for anyone interested in doing any type of spiritual counseling, he-thing of teaching work, Rev. Laurie says. She believes that being a minister gives otherwise unlicensed practitioners a great deal of legal protection when working with the general public, and that the hours of classroom instruction greatly increases the legal credibility of a minister's ordination.

The *Past Life Regression Evening* will be offered on August 24 for \$10.

The *Exploring Past Lives Part One* begins on August 31 and includes six weekly classes, written lessons and six taped self-hypnosis regression sessions for home use. The cost for students pre-registering (at least three days prior to the starting date) is \$205 and at-the-door students will be charged \$225. Credit cards are accepted as payment for classes.

To pre-register, or receive a free Catalog of Courses offered by the School of Consciousness, please call (623) 465-0337.

Rev. McDonald also accepts appointments for private channeled psychic readings. She channels the angel "Ashena," who, as an angelic soul psychologist, will answer personal questions on practical as well as spiritual topics.

Prescott astrologer to address AFA this month

The weekend of August 18-19, Prescott astrologer, Barry D. Cowger, will be the guest of the Arizona Federation of Astrologers at the Scottsdale Senior Citizens Center, 7375 East 2nd Street in Scottsdale.

Cowger, former professional musician, became an astrologer in 1984. His work is influenced by exceptional teachers and mentors such as Diana Stone, Jeffrey Wolf Green and the late Jim Lewis. His interest and passion is to understand the symbols and images that the psyche reveals through dreams and how ones personal myth or life-story may be unfolding at present.

Friday at 7:30 pm Cowger will present a 90 minute lecture, *Family and Birth Order Karma*.

Cowger has developed a simple methodology to help astrologers and lay people understand how all of their personal and professional relationships are qualified - and in some cases even more or less determined - from their family and birth order karma.

In this lecture Cowger will offer his experience and perspectives of birth order as viewed through astrology. The doors open at 7:00 PM and the cost is \$10.

Saturday at 12:30 pm Cowger will conduct a workshop, *Dreams and Astrology*. In our dreams, the objective psyche attempts to communicate to us by using symbols and images. Although these very symbols and images are often confusing and baffling, their wisdom can be gained when viewed through alchemical, religious and psychologically based perspectives.

Color slides will be shown which represent a great many psychic processes of change, growth and development as these very same developments are reflected in actual dreams from his own client files. Astrological correlations will be made to the above mentioned psychic processes. Cowger will also outline basic dream structure, dream types and motifs to help you begin to understand your own dreams. The doors open at noon and the cost is \$15.

Nation-wide yoga school opens branch in Phoenix

A nationwide yoga school chain opened its first branch in Phoenix July 5.

Bikram's is a family-owned organization with dozens of locations throughout the west and east coasts.

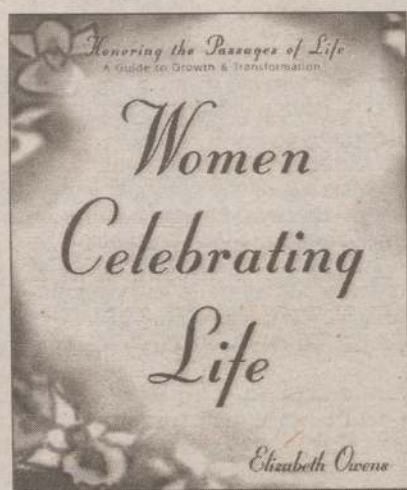
Bikram's Yoga College of India is located at 4412 N. Central in Phoenix. Director of the new Phoenix facility is Kimberly Clark, RN, who says that newcomers will be surprised to find that the studio is hot and humid.

"Students should bring water to drink and a towel," says Ms. Clark. "Because we are going to make you sweat."

The classes are 90 minutes long and are \$10 for new students.

The studio is open seven days a week - opening at 6 am on Monday, Wednesday and Friday, at 8 am on Tuesday and Thursday, 9 am on Saturday and 10 am on Sunday.

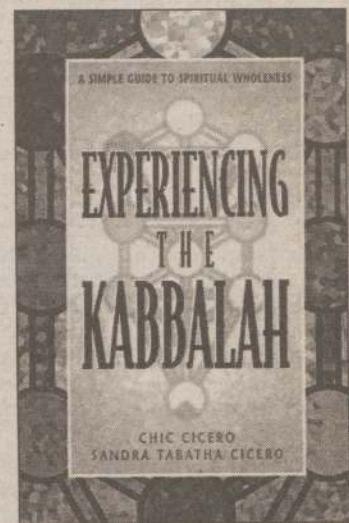
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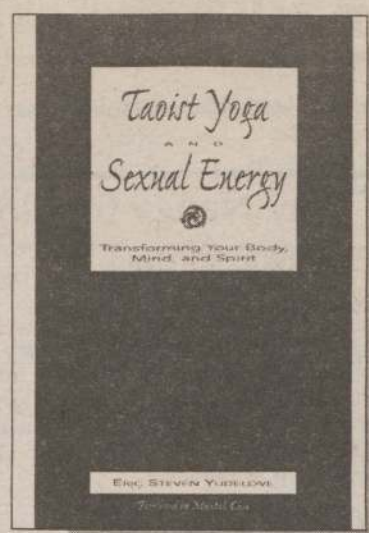
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New Age Health

Until 200 years ago, hay fever was unheard of. When London doctor John Bostock described the first cases in 1828, he made a curious observation: "I have not heard of a single unequivocal case among the poor."

By 1871, Londoner Charles Blackley had proved hay fever is triggered by pollen. Why then, he wondered, do farmers' families have the fewest cases of it?

The two men had instinctively stumbled upon what is now one of the hottest questions in allergy research: Can too much clean living make people sick? Or put another way, is a little dirt a healthy thing?

This hygiene hypothesis holds that growing in cities, insulated from nature, makes people less resistant to the pollens and other natural irritants that are found in nature. Why? Because good hygiene leaves the body's immune system underemployed and looking for something to do. Soon, the immune system begins overreacting to pollen, animal dander and other ordinarily harmless substances.

"The immune system learns from experience," said Irun Cohen, an immunologist at Israel's Weizmann Institute of Science. "If it doesn't get the right kind of practice, it develops imperfectly."

The hygiene hypothesis implies what many historians have come to believe: that our problems with allergies began not when mankind entered the garden but when mankind was banished from it. And this exile began, not in biblical times, but in the 1800s during the Industrial Revolution.

The hypothesis represents an attempt to explain a troubling increase in allergy and asthma in developed nations. The federal Centers for Disease Control and Prevention in Atlanta has reported that asthma rates in the U. S. have increased 75% since 1980, with cases in children during the same period mushrooming as much as 160%.

No one knows why, but scores of researchers are vying to find out.

"It's a fashionable subject," said Philippa Marrack of the National Jewish Medical and Research Center in Denver. Marrack, one of the world's leading immunologists, illustrates her point with an impromptu search of recent medical literature. In the past three years, she says, scientists have published more than 6000 research reports examining the apparent links between civilized living and allergies and asthma.

Although many doctors suspect that excessive cleanliness may play a role in the upsurge of allergies, they don't recommend people throw away the soap or dump the vacuum cleaner bag on the carpet - at least, not yet.

"We don't quite have the smoking gun," Marrack said. "But we're close."

For parents wondering whether they should let their kids romp in a barnyard or hide them away from germs, Marrack responds, "There's probably a middle way, but we don't know what it is, a middle way between locking a child in an aluminum shed and exposing the child to lots of germs. There's some reasonable middle ground here - which is what people do anyway."

Driving the research explosion is an even more basic question: How does the immune system distinguish "self," the proteins that are made in the body, from "non-self," the proteins that are not? How does it learn which ones represent a threat to survival and which do not?

If researchers can answer these questions, they could learn not only to prevent allergic disease, they could begin to harness the immune system to fight a host of diseases, including cancer.

A study led by Marrack colleague Andy Liu offers the most intriguing evidence yet that the best protection against allergy or asthma may be exposure to a bacterial molecule in house dust.

The molecule, known as endotoxin, occurs naturally in every bacterium's outer envelope. Thus, endotoxin is released into the environment any time bacteria die.

"Early childhood exposure to endotoxin may be the common thread in communities where asthma and allergies are uncommon," said Liu, whose study appeared in a recent issue of *Lancet*.

Liu's team studied the homes of 61 infants from months to two years old. All the children were tested for sensitivity to dust mite, cat, dog, cockroach, mouse, milk, egg and soy. Doctors also determined the endotoxin concentrations in each house, by testing house dust collected from the child's bed, a couch and floors in the living room kitchen and bedroom.

Of these children, 51 tested negative for sensitivity to those irritants. They had the highest concentrations of endotoxin in their homes, suggesting that exposure to endotoxin somehow protects against allergic disease.

"The study supports the thesis that exposure to endotoxin early on has an impact" (continued on page 13)

HOROSCOPES by Nancy Shilling

Read your Sun, Ascending, and Moon sign. An astrologer can help you find all of the planet's places on the day that you were born.

LEO - July 24 - August 23

Ask yourself what you want out of life. Get to know yourself better. Partner and/or loved one may do something unexpected. Lots of surprises for you this month.

VIRGO - August 24 - September 23

Relax and restore your energy. Do something creative. Watch for changes in your career. You can make things happen. The answers are within you. Use creativity to solve query.

LIBRA September 24 - October 23

You could hear from your Libra friends. Unexpected chance for romance comes around. See what you can do about patching up an old disagreement. Make important connections.

SCORPIO - October 24 - November 22

Recognize all your positive beliefs about money. Look at your values and see which ones serve your purpose. You will understand that your thinking directs the events in your life.

SAGITTARIUS - November 23 - December 22

Abundance in the area of money is possible now. Trust your intuition. You are changing the way you communicate. You are better able to see the overall picture. Decide what you want and take action.

CAPRICORN - December 23 - January 20

Trusting your intuition will pay off in a big way, you'll see. Things that you did not realize in the past are coming to the surface now. You are magnetic, others are attracted to you.

AQUARIUS - January 21 - February 19

You could be thinking about the important others in your life. You are generous, loving and kind. Is there a small child around you now? Watch for changes. Excitement is keyword.

PISCES - February 20 - March 20

You may be in position to remove an old debt. Take advantage of an opportunity feel more freedom. Health is important now, pay attention. Do something for your health.

ARIES - March 21 - April 19

Someone near you may be moving or changing in some way. Open to the changes within you. New beginnings possible. Use your creativity, to bring harmony to a current situation.

TAURUS - April 20 - May 20

Notice how you feel physically. Do something to enhance your health. Unique individual is very drawn to you now. Travel or get away could bring great rewards.

GEMINI - May 22 - June 21

Recognize beauty in yourself. It is likely that others will complement you this month. You are changing from the inside out. Know that all things are getting better for you.

CANCER - June 22 - July 23

Review your values, your purpose. Question yourself and your life, then answer yourself. The sooner you realize that you do have the answers, the better your life will go.

ASTROLOGY

by Barbara Shere

The Leo Solar Eclipse on July 30 sets the tone for the events we have in August, and the realizations we make about our power to take an active role in creating the experiences we want to have in the future. The gift available to you, if you choose it, symbolized by the recent Leo Eclipse is the recognition that you can recreate your life script. Now is the time to reawaken your heart's passion to fulfill your purpose in life. This demands accepting responsibility for negative creations and rechanneling your power to create in a more positive manner. Generally, this means that the ego's desire for control must be sacrificed; thus, making way for the higher influences that assist us in the evolution of consciousness.

One of the most powerful and useful concepts influencing my evolution is this: I create, promote, or allow whatever I am experiencing. I have learned to take a position of accountability for what I have created in my life. There is nothing to be gained by assuming the position of being the victim. I include the factor of reincarnation and karma in order to understand the aspects and events in my life that otherwise would leave me without an explanation. Through being accountable for whatever is taking place I am empowered and I can then decide what I choose to create to replace the undesirable or the results of past unconsciousness recreating one's life script requires attunement to the higher forces at work. You have heard the statement "watch what you pray for", insinuating that you better be prepared for what you desire as the universe will make sure you will get it. It helps to know what you really want. Being consciously involved in making choices and creating clear mental pictures of what you want will bring results. The key is to use your power to create in a conscious and responsible manner.

Creating in cooperation with the natural forces is a must. Your horoscope indicates what you have inherited and what your true potential and purpose is for this life. Cooperating with the flow really works! The transits of the planets influences all of us, but in a unique manner, based upon the point of one's birth. Some of us more easily align and benefit from current planetary positions. Others lack connection, while other people are more challenged by the positions of the planets. All of this can be identified by observing the active connections between one's birth chart in relation to current planetary movements. For instance, there is a specific manner in which this Leo Solar Eclipse activates an individual's desire for self expression.

What I share in this article is generalized information for your Sun Sign and Rising Sign. The most useful feedback is derived from an actual analysis of the transits to your exact birth chart, which is based upon the exact time and place of birth.

Neptune is prominent, before and during the time of the Solar Eclipse in Leo, giving psychic sensitivity, mystical and romantic longings. Neptune promotes the urges for spiritual connection and the experience of Oneness. The passion of Leo ignites the heart's desire for living life fully. Venus will be in Leo until August 10, increasing the love of art, beauty, the desire to be adored and cherished. With passion comes a greater willingness to participate in the affairs of the heart.

With many planets transiting the receptive water sign of Cancer, accentuated by the previous eclipses, the emotional aspects of relationships have been exaggerated and exposed throughout late June and July. Emotions continue to play a big part in our exchanges with others, but now we have a greater potential for recreating the script with the support of fire sign, Leo. Recognize the power you have to make creative changes in your life, while accepting that higher power has a mysterious hand in the fate of your existence. With this acceptance comes wisdom. The changes you make will be constructive changes, based on your own view of the larger picture, and your purpose within it. Create your own happiness rather than wait for it to find you.

Leo is ruled by the Sun. This will be the symbol to focus on in the beginning of August. The center of our solar system is the heart that sustains life on this planet. Leo's message is this: I shall tend the great fire for I feel in my own heart a fire burning. It is the love I have for the world, and my joy in life. By the light of the great fire I shall tell stories. I shall dance and sing. I shall drum. I am exhilarated by creation. I shall send my creation into the farthest shadows of darkness like the pulse that follow the heartbeat, to drum the joy of the fire, to dance the heart, to sing life.

Find the courage and take the risk necessary for your fullest self expression. Live with the awareness that you are the creator. Your thoughts establish everything that happens to you, so keep them holy. Every response you make to everything you perceive is ultimately up to you, as you are the creator. Keep your faith, regardless of your audience's feedback. You can be adored or rejected at any point. Make good use of the feedback you get. Criticism is not always detrimental. Remember, at times you must change your attitude or adapt to the circumstances to actually achieve your most important goals. The key is to be true to yourself without ignoring that the world in which you live will not always be accepting. Learn more each day about the art of creating a world that supports you and eagerly receives the benefits from your generosity, creativity, and passion for supporting life.

From August 11-15 we move into the field of the heightened influence of Uranus and the Aquarius Full Moon. The urge to break free from restrictions is supported by events and by transformational insights gained. The process of making important changes could be dramatic for some people. Mars and Mercury will also be in Leo, supported by positive aspects to Jupiter and Saturn in Gemini. Good ideas, many connections, and a diversity of interests will open prospects about new possibilities. On the other hand, distractions from your basic track of progression will challenge your ability to be disciplined on a moment by moment basis.

Venus in Virgo works hard at reinforcing the need for discernment and clean-up. She forms a difficult aspect to Pluto, adding to the stress caused by wanting perfection and purposefulness in relationships. Eliminating unnecessary stuff will become more of a priority. It is not likely that any of us will get away with dirty deeds. The consequences of our actions will be exposed. The underlying factors of the law of karma and how we are affected will be further exposed when Pluto turns direct around August 20. Your challenge is to pay attention. You will know in your heart what's right and wrong. The consequences of your thoughts and actions will be apparent. The experience of instant karma will help you make the necessary connections. With evaluation you can make corrections. Forgiveness is a gift to yourself.

The Virgo New Moon cycle, beginning August 29, highlights mental discrimination, increasing the intention to resolve problems and to clarify a correct course of action. Emotional extremes and impulses for freedom of expression, are monitored by a deeper need to keep things clean, and by the desire to avoid unwanted consequences. Mars forms an exact opposition with Uranus on August 29, stimulating desire for freedom. Rebellious behavior increases. Sudden eruptions and unexpected emotional reactions are strong. Emotional impulses, can manifest in a destructive manner. Some people may feel trapped, much like an animal needing to get out of a cage. Use caution and observe, rather than react. Support systems are available, providing better ways to win in the long run.

The years 1999 and 2000 have been filled with challenges and a difficult "rite of passage" for most of us. By choosing to work with the Light, and with belief systems that support healing through spiritual awakening as a reason for living, we can succeed, regardless of the intensity of life lessons we embrace. Use this affirmation on a daily basis: The Divine Intelligence of God expresses through me right now. I accept a balance of thought, emotion and action in my life. I am alert, attentive and receptive to God's wisdom and guidance. I have confidence in the clarity of my thought and the balance of my feelings.



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New Age Notes

by Rev. Dr. John Rodgers

The Sermon on the Mount is full of great wisdom taken from the regions of the Mediterranean area. It is truly New Age in its scope. If Christianity had followed the teachings of the Sermon on the Mount, the history of the world would be entirely different.

But there is one passage in the Sermon on the Mount which scholars chose to ignore.

Let your communication be, Yea, yea, nay, nay, whatsoever exceeds this cometh of perdition. - Matthew 5:37

This is a peculiar verse. Clearly, we are not being told to say only yes or no. There could be no conversation under these circumstances. There could be no exchange of

pleasantries or information.

What then is the author attempting to advise?

The intent of this verse is clarified later on in the Sermon of the Mount, when we read, *Condemn not, that ye be not condemned. For according to the judgement ye make, ye shall judge yourselves. And with whatever measure you use, you shall measure yourself. - Matthew 7:1-2.*

What is being said here is that we should not condemn (or judge) anyone else, for we will use that same condemnation against ourselves. Or conversely, if we do not condemn others we will not condemn ourselves and end up with low self esteem.

If we forgive others, we can forgive ourselves.

Going back to that first verse in Matthew 5 - there is more to that verse than just not condemning others. This verse is telling us that our conversation should be, this is so and that is so.

The good news (gospel) of Christianity was spelled out again and again by Paul, but Christianity took no heed. Paul said that nothing is clean or unclean of itself. It is only unclean if someone thinks that it is unclean.

He said, *To the pure all things are pure. - Titus 1:15*

What The Sermon on the Mount is trying to tell us is there is no good nor evil. When we say something is good or evil, have we given any clear information about it, or have we just muddled up the waters of communication with our judgement.

Calling something good or evil, not only does not give us any additional information about it, it often keeps us from seeing it clearly.

The Age of Pisces was an age of illusion and deception, an age that promoted the fantasy of dualism, of good and evil. The power of fantasy was such that, by the end of the Age of Pisces, the world had divided itself into two camps, each one claiming to be "good" and

calling the other "evil". President Reagan went so far as to refer to one half of the world as "the evil empire."

Today, on a lesser scale that has been repeated in the conflict that exists between Islam and the free world. The Islamic nations refer to the U.S. as "that great Satan".

Just think, if we stop thinking and speaking in terms of "good" and "evil", we can begin to see our fellow beings as they truly are - neither good nor evil but just a combination of characteristics and qualities.

Let us declare an end to the war between good and evil and begin to live on this planet as rational beings who chose to see reality as it really is and not as a great moral play.

Last month we celebrated the 75th anniversary of the Scopes "monkey trial". The Tennessee trial in which a young science teacher was charged with teaching evolution, contrary to state law. Clarence Darrow and William Jennings Bryan, the greatest orators of their time, took the two sides.

Scopes was eventually found guilty and paid a \$100 fine.

Tennessee eventually repealed the law, but the battle is far from over. After 75 years, the fundamentalist Jesus cult people still haven't seen the light.

Politics and emotions have taken the place of reason and spirit.

Most of the battles which I took up as a young man have been fought and won. What I need now are some new causes, some new battles to fight - to keep me young. Can some of you readers suggest some topics or ideas or causes that need support? Write me.

Do you have any suggestions for me?

We would suggest, beloved, that you sit with a pencil and paper and define what it is you want your life to be. We see talent that goes unused, but cannot be used because only you can bring it forth. Can you do this?

So, then you take your pencil and a paper, the paper is a lined paper and you divide it with a line down the middle. One the one side, put all of those things that you wish to do, your dreams and your hopes. On the other side, beloved, put all of the reasons that you have for not being able to do them. These are your excuses - the limitations that you see within yourself and around yourself. We do not mean this in a ugly way or to demean you, but you do carry the baggage of being unable or not good enough, so we wish you to write it and put it on paper. See it for what it is.

It is an illusion. Then we wish you to take that piece of paper and with a scissors, cut it where the line is, wrap the side with your excuses into a ball and light fire to it. Burn it. It is useless baggage.

It is not the truth of your being. The truth of your being is your hopes and your dreams. Make that your reality. Are you understanding of this?

Indeed, we believe you can. Do not wait. Begin immediately for your world has need of beauty which has not yet been created.

We are grateful for your question and as always we bid you all knowing, all love, and all health. These are your divine rights. You must only need accept them as yours. Make them your reality.

I would like to ask a question, please, about duality. Many of us believe on this side of life that we need dark to appreciate light; we need cold to appreciate hot. Maybe we need sorrow to appreciate joy. Can you tell me, in the world after death how is joy defined? Do you equally need sorrow to define joy or is it purely from a memory on this plane that you must find your definition?

Indeed, a most intriguing question. We would preface this statement by saying that it would depend upon whether or not you wished to remain as a soul in the earth plane having shed your body. As you are aware indeed, there are many souls who choose to hover near the earth because it is familiar to them. Indeed, if it is familiar to them and it is to their liking, they will exhibit the same stress, distress, and share the same emotion of joy and sorrow for they are in deed stuck in this realm. If they indeed choose to, they may move into the next dimension of being - joy. It is a state of being and the words of your language are often delinquent in the expression of this state. It is a purity, it is a lightness, if you will.

If you practice your meditation, there will be times that you will experience that state in your fleshly body. Leaving the body in place and traveling to the Light. It is not only a possibility, it is highly recommended. It is a place where emotion as you know it does not exist. It is not needed. Is this helpful to you?

You seem to be saying that there is a place beyond duality, beyond hot and cold, beyond joy and sorrow, you do not need one or the other to define. It is a difficult concept for me.

(continued on page 13)



The Source Speaks

by Lois Ann McGee

Lois Ann McGee is an internationally-known channel who has traveled around the world, presenting lectures and seminars. She channels "The Source". Readers are invited to send their questions to the Omega Directory and Ms. McGee will answer them in this column.

At this moment, my blond cat, Poe, is sitting on my lap, trying to talk to me, much to the bitterness of my fat calico, Jasmine, who is staring at us from the corner of the room. Both of my furry friends have chosen to be my familiars. normally, the two girls eye each other across the room, the younger Poe getting mischievous and attacking the older grey and orange Jasmine. During ritual, however, the attention ontest fades and my girls sit beside me or on my lap, purring contently, as I raise energy or surf along in the astral plane.

Animals love magickal energy. My cats are indoor animals and the times we do ritual, I can sense their own travels in the astral. Magickal ritual is the closest thing in our small home to actually connecting with the Earth energies cats naturally align with. Of course, cats are the cliché 'Witch's familiar,' but many people do not know what a familiar is used for or that magickal people can use many different animals as familiars, even mythical creatures. Most people call familiars to them, but most times, familiars will choose the person they wish to work with. You may be living with or have been visited by a certain familiar and not even know it.

Familiar is defined in Webster's as "closely acquainted; an intimate associate or companion; a spirit often embodied in an animal and held to attend and serve or guard a person." The most common familiars used by traditional or mythical witches are cats, dogs, toads, owls, ravens, snakes and ferrets. Many of us have cats and dogs, but it might be more difficult to acquire a live owl to do magickal work with us. This is where some of the confusion about familiars come into the picture.

As I have mentioned, my two cats are not the traditional black that maybe I 'should' have, but Jasmine is probably the most powerful animal I have met in her bright oranges and greys. She has led me through some great doorways and has been as loyal as any dog I have had. The point is, there is no set rules on what kind of animals you can use as a familiar. Maybe you have a pet parakeet named Squeaky who sits on your shoulder and gives you little kisses. Squeaky may be a protective friend in your astral travels and divinational journeys. You just have to



The Pagan Voice

by Willow

Willow is a Valley High Priestess with her own coven. She teaches classes locally and will soon be an ordained minister.

ask Squeaky if he would choose to do that.

What if you were allergic to pet dander or lived somewhere where you weren't allowed to have animals? What if you are drawn to the power of the Siberian tiger or the spotted dolphin? I don't think Sunnydale Apartments would accept a pet deposit on those guys. You could tell them that Zippo, the Fire Dragon, has been neutered and de-flamed! (Yes, you can use dragons as familiars, too!) You can attempt to use any animal, real or mythical, as a familiar. First, check out the animals around you now. Your parents' hyper cocker spaniel or our boring iguana have earth energies to tap into. Don't be upset if your flesh and blood animals do not seem to

want to work with you. There are alternatives. What are our favorite animals in the wild? In your fantasy books? Be sure to choose animals you have some idea about, real or mythical. You wouldn't walk into a hungry lions' pride just to say 'hi.'

Animals will be your allies, but they also have certain traits and instincts. No matter how cool the razor-toothed manticore in your book sounds, he's not the best guy to call upon to settle a dispute between you and your sister. You may use familiars in meditation, as guides in astral travel, for magickal spells or just to be a protective friend as you walk into your job interview. There are no limits with what you can do with familiars, as long as you are respectful of their wishes and their natural inclinations.

WILLOW'S SPELLBOOK

Sit in a comfortable place and visualize the natural surroundings of the animal you wish to work with, let's say a North American forest where we will try to attract a wolf. Wolves can be skittish and like their environment calm and inviting. Picture yourself in a clearing of the forest and ask for a wolf to come to greet you. It may take awhile, but most likely a furry snout will poke out of the trees and slowly walk toward you. Let it sense your energy and your intentions with the animal. If it accepts you, you can try to talk to it or just listen to any message it has for you. Always thank the creature for helping. You may be able to contact that animal any time afterwards. It helps to keep a picture or stone to represent the animal for easier access (hey, parents, think of Pokeballs!). A word of caution: Sometimes animals will appear that you did not call. That's okay. They may represent a trait in yourself you need to work with (especially if it's an animal you are afraid of in real life). If you are truly scared of the animal, just kindly tell it you are not prepared to accept that animal, yet. Good luck!

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How to never argue

Why do couples argue? After all, we all know that arguing is definitely not an effective form of communication. Long ago, I figured if I knew the real reason why couples argue, I could create an antidote to arguing that would actually work. After many years of watching so-called lovers beat each other up with words, I've come up with a theory that explains why couples argue and how they can avoid ever arguing again. The methods I've discovered to avoid arguments really do work! In fact, they work so well that, if you use them as I suggest, you may never have another argument again.

Before divulging exactly how to sidestep all arguments, it's important to understand what causes arguments in the first place. Arguments begin when one or both partners dip below a certain level in their "self esteem bank account." The reasons for the temporary dip in self esteem can be anything—a bad day, a snide comment, or simply a lousy mood. Once a person feels bad, the first thing she tends to do is look for someone or something to blame. If you happen to be in the area at the time she feels bad, you make an easy target. If you're adding gasoline to the fire of her bad mood, so much the better for blaming you.

There's an old saying that "it takes two to have an argument. Quite true. When we're in a bad mood, the first thing we try to do is raise our level of self esteem.

Unfortunately, the way we do this is completely ineffective. Typically, we try to bring our partner down to our lowly mood, so that, in comparison to our partner, we are no longer at a lower level of self esteem than he or she. We mistakenly think that bringing our partner down will, in effect, make us rise. That's why, when we're in a bad mood, we seem to want to pick a fight. Misery loves company. When we get below a certain level of mood or self esteem, this babyish way of behaving takes over, and our unsuspecting mate almost always falls into our trap.

Once an argument has begun, we make another mistake. We think the way to feel better is to prove that we're right, and that our partner is wrong. I guess the logic is, if we're right and they're wrong, we'll gain valuable and much needed self esteem points. Of course, it doesn't work like that. As we "attack" our partner, they fight back. Like wounded animals fighting for survival, we get vicious. We say things simply to hurt our partner, once again thinking if we can wound them, we'll at least be in a better position than they. It can get pretty ugly.

For many years, I coached couples to gently express their needs without blame as a way of sidestepping arguments. In my office, under my watchful eye, it would work quite well. Yet, couples often reported it didn't work so well back at home. When in a nasty mood, they would invariably express themselves in a way that blamed their partner for their feelings. I finally understood why honest communication wasn't working. To communicate honestly, it's necessary to be a sane, rational person. Well, when we're in a really bad mood or in the heat of an argument, we become temporarily wacko! We behave like bratty babies, and babies are not very verbally adept. I finally realized that honestly expressing one's needs and feelings was not going to be the Holy Grail that would end all arguments.

When I noticed we behave like crying babies when we get into a fight, I asked myself, "What helps crying babies to feel better?" The answer was obvious—they like to be held. As parents gently hold their baby, the baby soon feels better. Before you know it, the infant is giggling and happy. I wondered if a similar approach might work with adults. After much trial and error, I found something that works even better than I expected. I call it "The Spoon Tune."

One of the great things about the Spoon Tune is how easy it is. When we're upset, we don't have the capacity to do anything complicated. Luckily, the Spoon Tune has just two simple steps to it. First, at the earliest sign of upset, lie down with your partner in "spooning" position. Spooning is the way in which many couples sleep. It consists of having one person's front side hugging

the other person's back side. Couples can also "spoon" standing up if they're in a place where they can't lie down, or there's no place to do so. Although holding your partner in this manner is probably the last thing you want to do when upset, force yourself to do it. Sometimes I think to myself I have a choice between spooning for four minutes and feeling fine, or staying upset and ruining the rest of the day. When I clearly see that those are my two options, I begin spooning.

Next, while in spooning position, breathe in unison with your mate. Generally, it's best for the bigger partner to follow the breath of the smaller partner. When the smaller person inhales, the other partner should inhale. When the smaller partner exhales, the other should exhale. Hold each other and breathe in unison like this for at least four minutes. Don't say anything. As soon as your mind wanders, focus once again on breathing in unison with your partner.

No matter how upset you are at the beginning of this simple exercise, you will find yourself quickly calming down. The combination of being in the spooning position and breathing together puts people back on the same wavelength. When you share energy in this way, it creates a feeling of safety and connection at a very deep level. Although your mind may be racing and storming, your bodies and souls can't help but connect. By the end of four or five minutes, you may not even remember what you were upset about. At the very least, you'll feel more connected and safe, and be much better able to work things out without hurting each other.

One of the first times I used this method with Helena, my partner, I was extremely upset. After all, I knew I was totally right, and she was being totally unreasonable (isn't that always how it feels?). Previously, we had made an agreement that if either of us asks for "a tuning," we must do it—whether we want to or not. Well, I didn't want to Spoon Tune because I was just about to show her how wrong she really was! But our agreement was that if one of us doesn't agree to spoon within two minutes of being asked, he or she has to rip up a \$10 bill. Just the thought of ripping up a \$10 bill sobered me up, so I proceeded to grudgingly Spoon Tune with her. I was determined to keep being upset throughout the four required minutes—so I could then finish telling her how wrong she was. It didn't happen that way. Below is a transcript of the thoughts inside my head as I began to Spoon Tune:

"I can't believe she's making me do this. She is being such a jerk! She won't even listen to me because she knows I'm right." (We breathe together)

"I'm not going to simply let go of this. After this spooning is over, I'm really going to let her know how unfair she's being." (We breathe together)

"Well, I may have contributed a bit to the problem, but it's mostly her fault. After all, she's the one who started it." (We breathe together)

"Well, she probably didn't mean to hurt me..." (We

breathe together). "Perhaps I was also a bit insensitive." (We breathe together)

"It wasn't really that big of a deal." (We breathe together)

"Gee, I sure enjoy holding her." (We breathe together)

"What we share together is really very special. I'm grateful this isn't a major problem." (We breathe together).

Four minutes is up. Helena asks me, "Was there something you wanted to say to me that you didn't get a chance to say?" I respond, "Umm, ah, I don't really remember what we were upset about. I feel good again and that's all that matters." And that's really how it felt. Once the feeling of connection and safety is re-established through the Spoon Tune, there is no need or desire to argue. You feel like you and your partner are on the same team again. If there is still an issue to resolve, it's much easier to do so. Oftentimes, the "issue" which seemed so big just minutes before has become totally unimportant.

Once you begin the Spoon Tune, no talking is allowed. If possible, find a place to lie down together. If that's not possible, "spoon" standing up. The key to doing this method successfully is to breathe together. As you breathe together, try to focus on and be present with your breath. Use your breath as a meditation. By focusing on your breath as it goes in and out in rhythm with your partner's breath, you will feel more peaceful, safe, and connected. Spoon for at least four or five minutes.

Once you're done spooning, you have a couple of options. You can simply forget about whatever led to the upset and go about your business, or if you feel it's necessary, you can talk things over with your partner. If you need to work something out, you'll be in a much better frame of mind to do so.

You need not wait until you're upset to use the Spoon Tune. In fact, it's a great way to connect with your partner anytime. Many couples find it to be an easy and satisfying way to unwind after a stressful day. It can also be a very effective way to connect with your partner before making love. The hardest thing about this method is remembering to use it. Be on the look-out for times when you or your partner begin to get upset, or you both feel stressed. In order to use the Spoon Tune correctly the first time you get angry at each other, it's a good idea to try a practice run when you're not upset. Once you use it the first time and see how well it works, you'll be hooked.

Taken from *Communication Miracles For Couples*: published by Conan Press, 2550 Ninth Street, Berkeley



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CULTS! What are they? Are you a member of one?

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1. The group is focused on a single historical person, living or dead, who is adored as being divine.
2. The group is preoccupied with bringing in new members
3. The group is preoccupied with making money.
4. Members are asked to accept group teachings that fly in the face of reason. Questioning and doubt are discouraged or even punished.
5. Mind numbing techniques (diet or debilitating work schedules) are used to suppress doubts about the teachings or practices of the group.
6. The group has rules which dictate, sometimes in great detail, how members should think, act, and feel (for example: members must get permission from leaders to date, change jobs, or get married). The rules may prescribe what types of clothes to wear, where to live, how to discipline children, etc.
7. The group is elitist, claiming a special, exalted, almost divine status for itself, its founder and members.
8. The group has a polarized us versus them mentality. It teaches there is an evil force working against the group.
9. The group leader is not accountable to any authorities as are ministers, rabbis, and priests of other denominations.
10. The group teaches or implies that its exalted ends justify the use of means that otherwise would be considered unethical.
11. Group teachings induce guilt feeling in members in

order to control them.

12. Member's subservience to the group caused them to cut ties with family and friends and to give up personal goals and activities that were of interest before joining the group.
13. Members are expected to devote inordinate amounts of time to the group (More than eight or ten hours a week).
14. Members are encouraged or required to live and/or socialize only with other group members.

Here is a list of differences between a valid church and a cult. Remember, the right kind of church can laugh at itself and its teachings.

1. The right kind of church stresses the authority of reason and spirit. Cults emphasize the authority of their own teachings or scriptures.
2. The right kind of church is directed by persons who lead with strong but gentle example, instruction, and encouragement. The cult dominates by fear, rules and threats.
3. The right kind of church encourages loving relationships with others. Cults require total withdrawal from society except for purposes of gaining money or converts.
4. The right kind of church encourages love and respect for others while recognizing that another's disregard for Truth may cause problems. Cults insist on contempt for nonmembers no matter how kind and loving they may be.
5. The right kind of church keeps its focus on our relationship with God. Cults shift that focus to obedience of the group and its rules.
6. The right kind of church show respect even for those people and institutions they believe to be under the influence of ignorance. Cults encourage scorn and contempt for outsiders.
7. The right kind of church acts with the same degree of integrity under all circumstances. Cults have one set of morals for the group another for the rest of society.
8. The right kind of church requires the same standards of its leaders as it requires of the rest of society. Cult leaders live above their own laws.
9. The right kind of church puts one's personal relationship with God and his children above all else. Cults almost always make outward requirements such as baptism or obedience more important.
10. The right kind of church teaches that giving is to be done on a voluntary basis. Cults often spell out to the giving requirements or demand that property be assigned to the group.
11. The right kind of church encourages members to make decisions for themselves. Cults discourage or even forbid any critical or analytical thinking.
12. The right kind of church recognize that good and loving individuals can be found in all religions. Cults claim that only their own membership can be righteous.
13. The right kind of church encourage personal growth, thought, decisions, and maturity. Cults often create a sense of dependence which in turn allows the group to make all the decisions.
14. The right kind of church avoids manipulative techniques of persuasion, while believing in the ability of the Spirit of God to work in people's lives. Cults may use techniques of behavior modification.

Reader bashes Mountain Temple

First of all, I wish to point out that I am not a racist like others who have been writing in lately. I find it politically incorrect. However, I must agree with them when they speak of the degeneracy in modern America today. Anti-american values, rock music, androgyny/bisexuality, vampire cults, sado-masochism and of course, satanism. Worst of all, it seems we now have a place where all this trash can be openly and systematically worshipped. I was SHOCKED at the articles in past issues as well as the advertisements on the web; "GOTHIC SUMMER" offering "UNUSUAL CLASSES" at Phoenix's own long-time infamous lodge of religious blasphemy. And if sacrilege against God isn't enough, they had to blaspheme Shakespeare too.

Most are ignorant of the fact that the high priest of this "House on Haunted Hill" is a direct descendant of Aleister Crowley (once called the most Evil man in the world). If they only knew, perhaps they wouldn't go there. This degenerate claims to be a competent black magician, meanwhile he misspells "Anton Lavey" (spelled Levay) in his advertisements and coffee shop flyers.

Now he plans to bring all the goths, punks, vampire worshippers and other young and dangerous misfits from the Mesa/Tempe area to his egotistical abode in Phoenix, which he brags is by the Pointe Tapatio but in reality is on the other side of the mountain in "SunnySLOP" and is nothing more than an ex-biker's (Hell's Angels wanna'be) shack on a mole hill. Perhaps all real/white pagans, new agers and Christian S.C.A. members should plan a medieval war on Haunted Mole Hill and do in all the heathen scum while they're all in one place and clean up the state for good (ha ha, just joking)!!!

But seriously, I have a new-found friend who claims to have escaped from the mountain just before (what he calls) an "H.P. Lovecraft Cuthulian" ritual which eventually resulted in two deaths. This is a grown man in his forties who fears for his life and says he has put a court order on these people and swears he'll sue if they even call him on the phone. He also claims they masquerade as a white light organization in order to find satanic (what they call "Toxic") groupies.

Let's not forget that the greatest witch of all was Jesus Christ and I proudly worship the Cabala of Christ. We Christian Mystics should not fear to pull our spiritual swords from the material stone and battle the titan windmills of darkness.

I do not intend any malice. Only to save those who would mistakenly venture into vice. However, with God permitting, may Phoenix's own self-proclaimed dark high priest of toxic trash and degeneration be blessed to his place.

Blessed Be.
This is the first of two letters.
Lo-tha'aneh be-re'aka edh shaqer
High Priest
Circle of the Celtic Cross
Glendale

[Dear reader, I do not agree with Mike on much. I think that what he does at his Mt. Temple is meaningless. But it makes him and his cohorts happy - so let them continue. I am sure Mike is pleased with this free publicity. You seem to be guilty of exaggeration. Yes, there were two deaths at the Mountain Tempe. In two weeks following the Chthulu ritual, Mike's pet wolf and his pet python died of natural causes. I hope that in your next letter you will clarify what you mean by blasphemy. It seems that, to you, blasphemy is believing or practicing anything other than your doctrines. Ed]

Muslim likes "one god" article

Thank you for the very intelligent and well-written article in the July 2000 issue of the Omega New Age Directory entitled: "Is there only One God?"

"Is there only One God?" There is only One God. Great Monotheistic Religions should unite... "Hear O Israel: The Lord our God is One Lord..." Prophet Moses (Deut 6:4). "Hear O Israel: The Lord our God is One Lord. And you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength." Prophet Jesus (Mark 12:29-30). "He is One God, God the Eternal and Absolute. He (God) begets not nor was He (God) begotten, and there is none like unto Him. - Quran, Sura (chapter) "Iklass" - translated "Unity" Sincerely

Bro. Robert Tilford
The AL-Islam Foundation
Phoenix

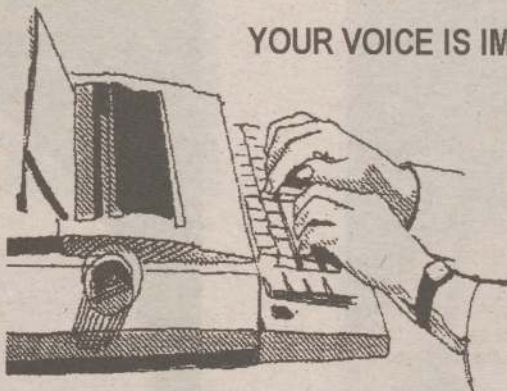
"First of all believe that God is One and that He created all things and organized them, and out of what did not exist made all things to be, and He contains all things, but Alone is Himself uncontained. Trust Him therefore and fear Him, and fearing Him, be self-controlled. Keep this command and you will cast away from yourself all wickedness, put on every virtue of uprightness and you will live to God if you keep this commandment." The Shepherd of Hermes (early Christian scripture)

Wiccan likes articles, too

The articles in the Omega, were so good I do not know which one to comment on, good job. Lets start with, the matter of God. God means different things to different people, and the trouble is with so many different belief systems out there, who do you believe? Baptist, Protestant, Catholic, all these religious group have put down woman since the beginning of time. With their man-God they have laid the blame on the woman, and when you try to take the Goddess from her rightful place, and discredit her very existence, then you have a real problem. The Lord and Lady made everything in perfect balance and they did not sway one way or the other. For in ALL things there must be Balance. If there were none, then things would become a little out of line, and this, my friend, is why we have a total mess where religion, earth, and the respect for woman, and the role we, and the Goddess play. For thousands of years man has cast her aside, and erased, and tried to say that she is a false part of the belief system. Why, because most people put their faith in a black book, that has been taken out of its original context, and has been rewritten, and rewritten, and changes have been made that have totally changed its meaning altogether. One small comma or period can change the whole meaning of a statement, or make it seem to say something, when in fact it does not. Most people

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just read this book, or listen to some preacher and are willing to say, yes, that's the way it is, without any further ado. As for myself, there are two divine powers at work, and when the Lord and Lady come together, the Power is overwhelming! Don't base your religious beliefs on what others say, For I believe there is a verse that says, Seek and ye shall find.

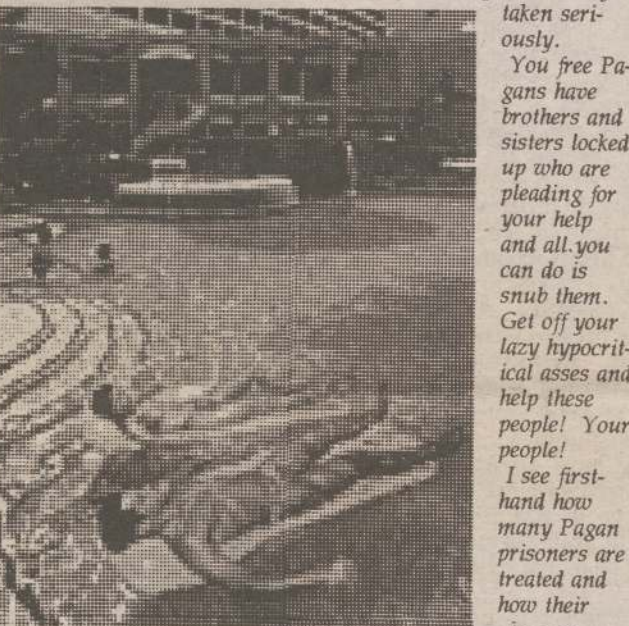
Bright Blessings
Name Withheld
Oklahoma City, OK

Christian inmate notes Pagan inaction

I am a Christian inmate and I thank the Lord I have not been forsaken in my time of need as you folks have forsaken your fellow Pagans.

I know you main tenent is "an in harm none, do what thou wilt." But if you are not helping when you can then you are harming

It's no wonder old Pagan religions were so easy to subdue and defeat. It may also be why your religion is rarely taken seriously.



You free Pagans have brothers and sisters locked up who are pleading for your help and all you can do is snub them. Get off your lazy hypocritical asses and help these people! Your people!

I see firsthand how many Pagan prisoners are treated and how their pleas go unanswered by their fellow Pagans as is the case with Rev. Rick Bable at the Winslow prison.

Keep it up, though, maybe one day they will realize that real fellowship and charity can only come by accepting Christ. As least we won't snub them.

Mark Thomas
Winslow AZ

Pagan prisoner tells of insane rules

Wiccan inmates have been permitted to have "sage" and a feather for similar reasons to the Native American Indians. However, unlike the Indians we have been informed by the chaplain here at the Winslow Complex that the sage is only used in a symbolic fashion upon the Wiccan altar and therefore we are not allowed to burn it in prayer or any other rite, not that

rituals are allowed here. Based on that a censer is not necessary either.

In May a Pagan inmate was harassed by staff and tossed into lockdown over an incident which started behind his harmless and temporary prayer circle on his cell floor.

Another Wiccan inmate purchased a book through the prison. It was received and handed to him by prison officers only to be taken away months later and deemed "inappropriate literature". The book? Buckland's Complete Book of Witchcraft.

Videos are shown depicting Christians killing Pagans for violating early Christian law or depicting Pagans as evolutionists and stating they must be condemned and judged. These are Christian videos!

Wiccans are not allowed study or worship groups without an outside volunteer. Yet it is permitted for other religions. One is even permitted inmate-led bonfires weekly.

These are just a few issues among many and all fact! These are some of the reasons we have been reaching out to the community, but so far, no one has been reaching back. Rev. Richard Bable- 80218
ASPC Winslow Kaibab
2100 S. Highway 87
Winslow AZ 86047

Prisoner with some opinions

Opinions are cheap and free. Truth is a priceless unseen treasure. The truth is in your reply to Rick and Michael in your June 2000 issue. You simply stated "I am inclined to the philosophy that when you are in prison, you HAVE NO rights! You're supposed to suffer" also "Well, Valley Pagans, what are you going to do? Ed." That's not all

you said, but it was enough for me to wonder if you are maybe confused on whose side you want to take; (Philosophy vs Pagans in Prison), or if you are just neutral, or just too cold-hearted to give a damn about "Prison Pagans" and are trying to pawn off your concern on "Valley Pagans", because it is not an issue you are willing to deal with or help out on. Or if you can't do a thing about it and can't admit it and would rather patronize them with words. Maybe all of the above, I really don't know. I would like to, though, so I can be corrected on my assumptions. The truth: If you kick someone when they are already down, you are oppressing them even more. Comments like "you're supposed to suffer," can't (in my proclivity) help at all. Is there no solace. Haven't you ever done something wrong and not gotten caught for it? (Don't answer. It's only a thought). If not, you're more perfect than someone.

Who am I?

I alone have been involved in my own worship of "gods" and have found the spiritual power per se the Necronomicon and yet now, the Bible and the clean spirit that backs it up is the only cure for my nostalgia. I don't classify myself as a Christian, because my experience and belief is that once you put a label on what you do, adverse opinions arise, and its quintessential originality is organized by the imperfect mind of a fallible man.

Back to my original point, if we are going to get to know and help each other at all (I speak only to those willing), should we not be of insight with compassion, open to others at the given time? Or should we be shallow and let problems take care of themselves? What I see men (Rick and Mike) looking for is some outside help because of their limits in here. I can only take their side because I see and hear them. I may be misunderstanding something. I can only hope to be understood. Then again, can't only a creator truly understand? My statements are a mixture of boredom, familiarity, frustration and influence. Any kind of impression will suffice.

Subsidiarily Yours
Amado Gonzalez
Winslow AZ

[Dear Amado, I will try to make myself clear. I am well aware of how things are in prison. I have communicated with prisoners for over 30 years. I have visited and talked with the inmates in Florence. Here are the facts (the only exceptions are those who are falsely convicted and those are convicted of a political crime). You are in prison because the state found you guilty of some crime (The fact that they bothered to prosecute you at all indicates that there were several crimes or one really big serious crime). The law provides that you be PUNISHED for your crimes. The punishment is being stuck in a prison for a number of years. The punishment is not too great because you are furnished with food, bed, clothing and other amenities. You are FORCED to labor less than 40 hours a week.

All in all, the punishment is not too severe. The real punishment is the people you are forced to live with. They are people just like yourself in one way or another. Because you have so much idle time and an active mind, you find all kinds of things to do. (The devil finds work for idle hands). Now, what kinds of activities does the "devil" find for you to do? The most popular activity is trying to "beat the system" this comes in many forms, from filing legal papers to get your sentence set aside or reduced, to filing writs against the prison system to force them to do something they don't want to, to creating or smuggling contraband and conning civilians. This is the problem I have - here are men (and some women) who, instead of being grateful that they are not in a Turkish prison or a Mexican prison, are crying and moaning because of some miniscule detail, which in most cases was of no import to them when they were free.

The Omega Directory is not Pagan, we are New Age. But because we are New Age, we serve all religions. I call on the Pagan community because you are their responsibility not ours. Yes, I am concerned about the fact that one religion (Christian) is treated better in prison than others. That is an issue for you to take up with your writs. When it comes to spirituality. That is between you and God(dess). You no more need athames and incense burners than a Jewish prisoner needs a yarmulke or a mezuzah. Your spiritual life is internal, not external. The opinions of others and external appliances are irrelevant to your spiritual life. Books, yes, you should have books. Call on Pagan groups to make donations to the prison library, reminding them that there should be 4 or 5 copies of each title. Then prisoners should make sure that other prisoners do not abuse the books. Instead, prisoners are asking for books for their personal use. . . . But why don't they contact their own church? Why, because they do not attend any church. They only are interested in a church as a source for a hand out. Those Pagans who were active in their faith when they were free, have contacts who will likely help them (unless their contacts were also their victims!)

The first prisons in America were established by the Quakers who kept the prisoners in solitary cells with nothing but a Bible. It was their conviction, that through studying the Bible, the convict would find his way to a spiritual, non-criminal life. Well, it's not a bad idea. Spend your free time in study, prayer and meditation. Do good for others. Do this and you will find joy and the spiritual connection you profess to seek. Ed]

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CROP CIRCLES have been explained away say critics. But despite their claims, crop circles are appearing around the world at the rate of four or five a month. The photo above shows a crop circles in West Amesbury, near Stonehenge, Wiltshire, England. It was reported July 19. This peculiar design (which some call a thought bubble) rests on a hillside close to West Amesbury. From the top circle one can see Stonehenge in the distance. Many claim that crop circles are a coded message from alien intelligences. They have produced any number of interpretations of the "messages." Whatever they are, crop circles are not being tramped out by two Englishmen. Their mystery may be a symbol of the Age of Aquarius.

• NEW AGE HEALTH (continued from page 8).

Marrack says it will take many more studies for proof. "Studies of this type are usually done multiple times before the medical establishment makes up its mind," she said. "It's a beginning."

Lin says he tested for endotoxin because a flurry of recent studies suggested that people in rural areas are less likely to develop allergies or asthma than city dwellers.

Those studies included:

- An analysis of the prevalence of asthma in 1375 urban and rural children from the Xhosa tribe in Africa. More than three percent of the city-dwelling children had asthma, compared with 0.14% of rural children.

- An assessment of asthma prevalence in children living on the Pacific atolls of Tokelau and in Tokelauan children living in New Zealand, a more modern environment. Only eleven percent of the 706 children living on their home atolls had asthma, compared with 25% of Tokelauan children living in New Zealand.

- A study in Switzerland, showed that children of part-time farmers had a 76% higher risk of allergy than those of full-time farmers, suggesting that greater exposure to livestock and the farm environment can be more protective.

Although endotoxin is found in high concentrations in nature, Liu says, it's also found in urban areas. And researchers had demonstrated that it can prime the immune system to respond to allergy-causing substances.

Cohen has become one of the more outspoken advocates of the notion that immune deprivation may also lead to autoimmune diseases such as multiple sclerosis or early-onset diabetes.

• THE SOURCE (continued from page 9)

It does not exist in that dimension. It is not that it is not needed. It simply does not exist.

Would there not be a variable that one can relate one state with another. You know you say polarity, higher and lower but perhaps similarity. Would there not still be a variable one could compare that to? to have understanding and the need to further knowledge?

A reference in the here and now for that state of being is what you are referring to. Is this correct?

Yes, I was thinking that we still would require a response for advancement, a focus, a variant to be able to compare one state with the intended state or one state for the, we would say, "emotionally hooked for" state

Indeed it is a state, which can be differentiated in the flesh as you differentiate joy and sorrow; as you differentiate peace and chaos. However, it is a state, which goes beyond understanding in your current physical body. However, as we stated, achievable for periods of time which may be seconds, or minutes, by aligning yourself with that you know to be the highest. We do not speak now of your earthly vision of a God who is aged and bearded, but a perfect being in a perfect state. You can indeed achieve it through your own desire. It is only a return to your original state. It is not a reaching for an unreachable. It is a return to what you once were. Pure essence, pure being and attainable by all.

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Brain's healing ability may help Alzheimer's patients

Scientists say they have succeeded in activating an overlooked self-repair system that enables animal brains, and potentially those of humans, to make new nerve cells and heal themselves from the inside.

The remarkable finding topples long-held beliefs that the brain has no way to fix itself, and may open a new route to treating everything from Alzheimer's disease to strokes.

For now, researchers can not try the strategy on humans: They had to kill brain cells in the experimental mice to switch on their brains' nerve-generating capacity.

But the researchers are hunting for other methods, such as drugs, that could turn on the hidden maintenance kit in the brain.

The discovery is "enticing," researchers commenting on the work said.

"There is a long way to go," wrote Drs. Anders Bjorklund and Olle Lindvall of Lund University in Sweden, but learning how to switch on the repair system "might eventually lead to a powerful tool for brain repair in human disorders of the central nervous system," they said.

The prominent Swedish brain researchers made the comments in an article accompanying the report in a recent issue of *Nature*. The report is by Dr. Jeffrey Macklis, an associate professor of neurology and neuroscience at Harvard Medical School and Children's Hospital, and his colleagues, Sanjay Magavi and Blair Leavitt. Magavi, a graduate student, should be credited as the "motive force" in the study, Dr. Macklis said.

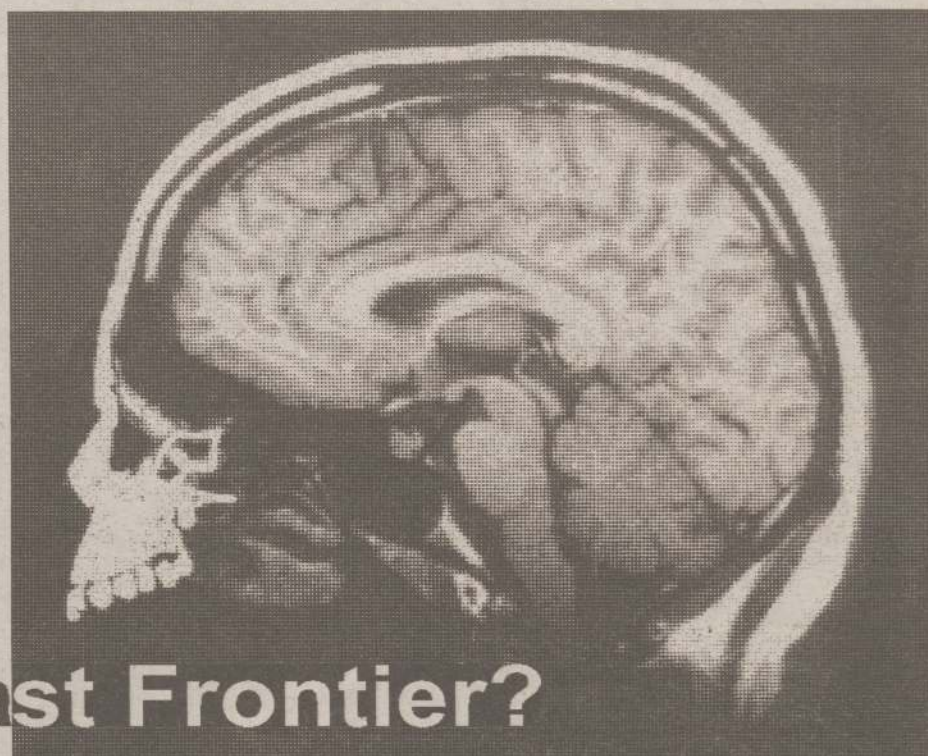
The findings are the latest in a string of intriguing discoveries in the past few years about "neural stem cells," previously unrecognized immature cells that can generate all the major types of cells in the brain. Already, scientists have cured mice of some severe brain disorders by implanting neural stem cells into the brain.

It had been long thought that the brain was incapable of changing or repairing its

nerve circuits once it had fully developed. In fact, people were thought only to lose nerve cells as they aged. Scientists believed that was a product of evolution in which the brain was prevented from making new nerve cells, or neurons, after childhood because cell growth would increase the chances of making harmful neural connections.

"We now know that this view isn't correct," Dr. Macklis said.

Several years ago, researchers showed that neurons could make connections, and then, more recently, neural stem cells that can generate the major all kinds of neurons were discovered and isolated.



The Last Frontier?

Anti-social personality disorder tied to abnormal brain structure

Ask the average social scientist why people become criminals, and the answer is apt to center on poverty and abuse, not brain structure and neurochemicals.

But in a new study, appearing in recent issue of the *Archives of General Psychiatry*, researchers report that 21 men with anti-social personality disorder, a psychiatric diagnosis often applied to people with a history of criminal behavior and a history of violence, had subtle abnormalities in the structure of the brain's frontal lobe.

The abnormalities, the researchers found, distinguished the men with the disorder from healthy subjects, as well as from subjects who abused alcohol or drugs, or who suffered from other psychiatric disorders like schizophrenia.

When combined with the results of previous studies, write the researchers, led by Dr. Adrian Raine, Robert Wright Professor of Psychology at the University of Southern California, the findings suggest "that there is a significant brain basis to (anti-social personality disorder) over and above contributions from the psychosocial environment, and that these men's behavioral processes are relevant to understanding violence in everyday society."

The official diagnostic manual of the American Psychiatric Association lists a variety of criteria for a diagnosis of anti-social personality disorder, including "a failure to conform to social norms with respect to lawful behaviors," deceitfulness, impulsiveness, reckless disregard for the safety of self or others, lack of remorse and "consistent irresponsibility."

In addition to meeting the criteria for the disorder, subjects in the study had a history of violent actions toward others, and high scores on scales intended to measure psychopathic personality traits.

An analysis of MRI scans, the researchers said, revealed that the men with anti-social personality disorder had an eleven percent reduction in the gray matter of the frontal lobe, compared with normal subjects. Similar reductions were found when the men's brain scans were compared with those of subjects suffering from drug or alcohol abuse or other psychiatric disorders.

The researchers said that though such differences are large, they cannot be detected without complex analysis. The brain's frontal lobe is intimately involved with responses to fear and stress.



by Rev. Robert Walmsley

Musical SoundScapes

Robert is on vacation this month, but he will be back with his music reviews next month.

NEW AGE BOOKS AND VIDEOS

The Initiation

by Dr. Donald Schnell

142 pages

\$19.95

One of the most interesting characters in Indian lore, is the story of Babaji. Legend tells us that Babaji has been around so long that he initiated the famous spiritual master Shankara over 2000 years ago. Babaji fulfills the role of Jesus much more fully than does the historical character mentioned in the New Testament. He "dies" and is resurrected as often as twice a century.

This book is the story of Prema Baba Swamiji who before his initiation, was a typical seeking New Ager. After he had sought him for many years, Babaji revealed himself to Swamiji in 1997.

This is the story of the miracles, disappearing taxi drivers and levitating gurus, that he experienced after being initiated by Babaji.

A truly remarkable book.

ELEMENT BOOKS

The Soul as Healer

by L. Joseph Nichols

209 pages

\$12.95

The subtitle, *Lessons in Affirmations, Visualization and Inner Power*, tells us what the book is about.

The author, who lives in Arizona, incorporates in this book engineering, music, and alternative healing, to bring us a new perspective to the art of healing. He uses color, affirmation and visualization, to help the client discover the root of the disease. Then he uses a form of chakra healing to bring about relief.

Worth reading.

LLEWELLYN

Alison's Legacy

by Toby Heathcote

302 pages

\$15

This is an unusual story because it talks, not about someone discovering a past life they lived centuries ago, but about someone centuries ago who discovers their own ancient past life.

Alison McPhearson, a Scottish immigrant in 18th century England. She is unmarried and pregnant and trying to get by as an innkeeper. She faced dire consequences, and then to top it off, she is informed by a diviner that one of her tenants, an English lieutenant, is actually a Celtic lover to whom she owes a centuries-old karmic debt.

What happens next?

MARDEL BOOKS

Channeling

by Lita de Alberdi

176 pages

\$12.95

Again, it is the sub-title, *What It Is and How to Do It*, that tells us everything. Instead of just talking about it and giving us great examples of channeling, finally someone is going to tell us how to do it. The author details how to expand your consciousness, use psychic projection, and work with guides to receive help. It could just be one of the best books ever written on the subject.

SAMUEL WEISER

Tarot and the Journey of the Hero

by Hajo Banzhaf

248 pages

\$19.95

First of all, note that almost every page has color plates. And it uses the Waite tarot, which I love.

Have you ever noted that when you lay out the major arcana of the tarot, there is the suggestion of some kind of story. We start out with the beginner (The Fool) starting his journey and then the story gets kind of confused. The author clears up this confusion and tells us the story of the hero's journey, which can be the journey of each one of us.

The Fairies' Oracle

book & divination cards

by Brian Froud & text by Jessica Macbeth

\$25

This 208-page book and 66 card set is backed up by its own website, www.fairies.net.

This is not a tarot deck, but a set of divination cards drawn by that world-famous portrayer of faeries and imps - Brian Froud. These are the same characters you saw in the movies *The Dark Crystal* and *The Labyrinth*.

The author tells us about the singers of the realm, the sidhe, faery guides and guardians, the help-line troupe and the faery challengers.

This set may not provide any insights to your tarot card studies, but it is interesting and the cards are beautiful.

SIMON & SCHUSTER

The Wisdom of Happiness

\$8.95

This is a White Eagle Calendar for 2001. It is designed to sit up on your desk or mantle. Each month is illustrated with a full-color photo of the wonders of nature

WHITE EAGLE PUBLISHING TRUST



Rev. Dr. John Rodgers

This book gives you something to think about.

SAMUEL WEISER

Using Your Chakras

by Ruth White

272 pages

\$12.95

By the author of *Working with Your Chakras*, this book is easy to read and easy to use. The author reveals a "new" chakra called the alter major.

SAMUEL WEISER

The Wicca Handbook

by Eileen Holland

320 pages

\$14.95

During my lifetime, we have gone from the only books on Wicca being written by ignorant Christians to a new and authoritative book on Wicca coming out every month.

Here's another. In this book, the author shares information on writing spells, creating rituals, and making tools, charms and potions. There is also a glossary of terms and an index of spells. Find herein a complete list of all the gods and goddesses and what they rule, for making spells. Again here is a book with a website. Check her out at www.open-sesame.com

SAMUEL WEISER

Kali's Odiyya

by Amarananda Bhairavan

320 pages

\$19.95

The author writes of his experience of initiation by the odyas, shamans of the goddess Kali. This ancient culture exists today almost unchanged from 500 years ago. The author speaks of what it means to be devotee of Kali. He speaks of their views of sexuality: "The sexual act is a time when both partners are open to alien energies. During sex... the astral sheaths (are) made vulnerable to attack... During this ritual (of sex) the teacher envelops the divine couple in her protective power, thus shielding them."

This book deals with ritual, sex, natural magick, and shamanism

NICOLAS HAYS

COMMUNITY CALENDAR FOR AUGUST 2000

TUESDAY AUGUST 1

7 pm - A Course in Miracles with Rev. Dr. John Rodgers, Alpha Book Center, Phoenix, free

WEDNESDAY AUGUST 2

6:30 pm - Introduction to Stones and Crystal Energy with Charlotte Johnson, Beyond Pretty Rocks, Phoenix, \$5

7 pm - Put the Power of Healing to Work in Your Life with Mark Earlix, Borders Books, Mesa, free

7:45 pm - Healing Circle with Wolfgang Arndt, Tucson Open University, Tucson, \$20

THURSDAY AUGUST 3

7 pm - Belief Systems - The Energy Creating Your Life with Adele Tartaglia, Life Management Center, Ahwatukee, \$15

SATURDAY AUGUST 5

9 am - Public Speaking for Career Success with Stuart Thomas, Tucson Open University, Tucson, \$25

10:30 am - Crystal Wand Making Class with Mande Cowdon, Beyond Pretty Rocks, Phoenix, \$25

1 pm - Open Meeting of AMORC Rosicrucians, 264 N. Center, Mesa, free

3 pm - Vitamin Supplements with Deborah Malone, 1601 N. Tucson Blvd, Tucson, \$30

8 pm - Phoenix Burning Man Lammas Celebration, Mountain Temple Center, Phoenix, \$5

SUNDAY AUGUST 6

10:30 am - What is Self-Realization? with Rev. Dr. John Rodgers, New Age Community Church, Phoenix

2 pm - The Soul as Healer with L. Nichols, Alpha Book Center, Phoenix, free

7pm - ALiester Crowley: The Man and His Magick with Vince Gruff and John George, Mountain Temple Center, Phoenix, \$5

MONDAY AUGUST 7

7 pm - Locating False Beliefs with Adele Tartaglia, Life Management Center, Ahwatukee, \$15

WEDNESDAY AUGUST 9

7pm - Aromatherapy with L. Marc Haberman, 3160E. Presidio, Tucson, \$34

THURSDAY AUGUST 10

6:30 pm - Metaphysical View of the Bible with Melodie Lander/Allen, Beyond Pretty Rocks, Phoenix, \$5

7 pm - Locating False Beliefs with Adele Tartaglia, Life Management Center, Ahwatukee, \$15

7pm - Astrology, the Signs with Nancy Shilling, Forest House, Phoenix, \$12

FRIDAY AUGUST 11

6:30 pm - New Age Energy Facilitation with Melodie Lander-Allen, Beyond Pretty Rocks, Phoenix, \$5

SATURDAY AUGUST 12

9:45 am - Energetic Scanning Intensive with Mark Earlix, 1600 E. Lakeside Drive, Clubhouse, Gilbert, \$75

11:30 am - Ancient Ways of Healing with Zelima Xochiquetzal, 1040 E. Water St, Tucson, \$25

Noon - Group Rebirthing with Nancy Shilling, Way to the Light Within, Phoenix, \$30

12:30 pm - Alison's Legacy and the 18th Century with Toby Heathcotte, A Peace of the Universe, Scottsdale, free

1pm - Open AMORC Rosicrucian Meeting, 2144 W. Highway 89A, Sedona, free

way 89A, Sedona, free

3 pm - Introduction to Dowsing with Alex Pierson, Alpha Book Center, Phoenix, free

6 pm - Huichol Shamans Drumming Ceremony, 2315 N. Page Springs, Cornville, \$10

SUNDAY AUGUST 13

10:30 am - Earth Changes with Rev. Dr. John Rodgers, New Age Community Church, Phoenix,

Noon - Instant Meditation with Nancy Shilling, Alpha Book Center, Phoenix, free

3 pm - Basic Dowsing Class with Alex Pierson, Alpha Book Center, Phoenix, free

7 pm - Full Moon Gong Meditation with Sat Jiwan Singh, 609 N. Scottsdale Rd, Scottsdale, donation

7 pm - Magickal Systems of OTO, IOT, Golden Dawn and Discordian Wicca, Mountain Temple Center, Phoenix, \$5

7:15 pm - Monthly Services West Valley New Age Community Church, Phoenix,

MONDAY AUGUST 14

7 pm - The Subconscious - Your Auto Navigator with Adele Tartaglia, Life Management Center, Ahwatukee, \$15

TUESDAY AUGUST 15

FULL MOON

7 pm - Ogun Full Moon Ceremonies with Chief Olokodana, Papago Park, Ramada \$16, \$15

WEDNESDAY AUGUST 16

6:30 pm - Introduction to Stones and Crystal Energy with Charlotte Johnson, Beyond Pretty Rocks, Phoenix, \$5

7pm - Introduction to Dowsing with Alex Pierson, Alpha Book Center, Phoenix, free

7 pm - Homeopathic Medicine Workshop with Dr. Michael O'Grady, Tucson Open University, Tucson, \$39

FRIDAY AUGUST 18

7:30 pm - Family and Birth Order Karma with Barry Cowger, Arizona Society of Astrologers, Scottsdale, \$10

SATURDAY AUGUST 19

12:30 pm - Dreams & Astrology with Barry Cowger, Arizona Society of Astrologers, Scottsdale, \$15

1:30 pm - The Healing System of Bruno Groening with Robert Freigassner, Phoenix Central Library, Phoenix, free

2 pm - Alison's Legacy and the 18th Century with Toby Heathcotte, Alpha Book Center, Phoenix, free

SUNDAY AUGUST 20

10:30 am - Why is Everyone so Angry Nowadays? with Rev. Dr. John Rodgers, New Age Community Church, Phoenix

2 pm - There's a Spiritual Solution to Every Problem with Wayne Dwyer, Unity Church, Phoenix, \$20

3 pm - Learn About Dowsing with Alex Pierson, Alpha Book Center, Phoenix, free

7 pm - Anton LeVey, The Black Pope & His Religion with Adrian, Mountain Temple Center, Phoenix, \$5

7:15 pm - Why is Everyone So Angry Nowadays? with Rev. Dr. John Rodgers, Phoenix,

MONDAY AUGUST 21

7 pm - Self Search Channeled Readings with Nancy Shilling, Way to the Light Within, Phoenix, \$10

NOTICE

These calendar listings are published free of charge. If your organization or church is going to hold a special event, let us know by the 15th of the previous month. If no address is given for in event in this calendar, you will find the address in the Directory listing of groups and churches on the following page.

7 pm - Creating What You Want with Adele Tartaglia, Life Management Center, Ahwatukee, \$15

7:15 pm - Introduction to Energy Healing with Rev. Phyllis Winslow, 2850 E. Grant Rd. Tucson, \$30

TUESDAY AUGUST 22

7 pm - Astrology Answers Your Questions with Nancy Shilling, MetroCenter Barnes & Noble, Phoenix, free

WEDNESDAY AUGUST 23

9 am - Robert Kiyosaki on Jacque's Place TV show, KPPX-channel 51, Phoenix

7pm - Introduction to Dowsing with Alex Pierson, Alpha Book Center, Phoenix, free

7:30 pm - Monthly Meeting of MUFON, Phoenix, \$2

THURSDAY AUGUST 24

7 pm - Past Life Regression with Rev. Laurie McDonald, 4080N. 26th St, Phoenix, \$10

7pm - Creating What You Want with Adele Tartaglia, Life Management Center, Ahwatukee, \$15

FRIDAY AUGUST 25

6:30 pm - New Age Energy Facilitation with Melodie Lander-Allen, Beyond Pretty Rocks, Phoenix, \$5

SATURDAY AUGUST 26

2 pm - Learn to Dowse with Alex Pierson, Beyond Pretty Rocks, Phoenix, free

11:30 am - Ancient Ways of Healing with Zelima Xochiquetzal, 1040 E. Water Street, Tucson, \$25

SUNDAY AUGUST 27

10:30 am - Is Technology Taking Us Away from God? with Rev. Dr. John Rodgers, New Age Community Church, Phoenix

1 pm - Advanced Dowsing Class with Alex Pierson, Alpha Book Center, Phoenix, \$20

7 pm - OTO - The Powers of Birth, Life & Death with AgapePan69, Vince Gruff and John George, Mountain Temple Center, Phoenix, \$5

MONDAY AUGUST 28

7 pm - Healing Your Relationships with Adele Tartaglia, Life Management Center, Ahwatukee, \$15

TUESDAY AUGUST 29

NEW MOON

WEDNESDAY AUGUST 30

9 am - Terri Bowersock on Jacque's Place TV Show, KPPX channel 51, Phoenix

THURSDAY AUGUST 31

7 pm - Healing Your Relationships with Adele Tartaglia, Life Management Center, Ahwatukee, \$15

SUNDAY SEPTEMBER 3

10:30 am - Does Satan have any Power Today? with Rev. Dr. John Rodgers, New Age Community Church, Phoenix

Victims of certain brain injuries can detect a liar

Some brain-injury victims who lose the ability to understand speech develop a talent that could come in handy during an election year - an uncanny ability to tell when someone is lying.

Neurologists realized decades ago that people who suffer a stroke or other trauma to the speech-recognition region in the brain's left hemisphere seem adept at spotting liars by reading facial expressions.

In his 1985 book, *The Man Who Mistook His Wife for a Hat*, neurologist Oliver Sacks recalls watching a ward full of such patients laughing while watching a televised address by Ronald Reagan. They were picking up on lies amid the Great Communicator's smiles, Sacks writes.

Now, scientists have experimental proof of Sacks' observation.

"They're picking up nuances of facial expression, a

momentary expression that flashes by quickly in the presence of a masking smile, a fake smile. They're picking up on these leaks of emotions," said Nancy Etcoff, a psychologist at Massachusetts General Hospital who led a study published in a recent issue of the journal *Nature*.

The study involved brain-injury patients with aphasia. Often, other people's words are little more than gibberish to aphasics.

The patients in the study could not understand full sentences delivered at conversational speed but could comprehend single words and simplified speech like that used to communicate with a child. All could express themselves to various degrees and could read and write.

The researchers showed ten such patients videos in which women described watching pleasant scenes such as a tropical sunset.

Each woman made two videos. In one version, she was actually viewing a relaxing scene on a TV screen and commenting on its beauty. But in the other version, she had to lie about what she was seeing because she was actually watching images of burn victims and amputees.

The aphasic patients used agreed-upon signals, such as raising a hand, to indicate when they thought the woman was lying.

Non-aphasics had only about a 50-50 chance of spotting when the woman was lying. But the aphasics spotted the liar 73% of the time, showing the kind of skill that could make for expert poker players or police interrogators.

"People have told me, 'These patients should be on juries or in customs lines at the airport.' There's been a lot of jesting," Etcoff said.

ARIZONA DIRECTORY OF ORGANIZATIONS

NOTICE

All organizations listed in this directory may not necessarily be New Age. This is the most complete and up-to-date listing of active organizations of interest to New Agers. This directory lists only the meeting locations, not the mailing address. Please let us know of any errors or changes. We depend on you to keep us up to date.

AHWATUKEE (480)

LIFE MANAGEMENT CENTER
16414 S. 34th Way

BENSON (520)

WORLD UNIVERSITY

CASA GRANDE (520)

ST. MICHAEL & ALL ANGELS
1232 Avenida Fena

SILVA MIND METHOD
1901 E. Trekaile Rd. #A

CHANDLER (480)

ALL FAITHS NEW THOUGHT CHURCH
25237 Sun Lakes Blvd

BHAKTIVEDANTA CULTURAL CENTER
100 S. Weber

CHAPEL OF LIGHT
1728 N. Alma School Rd

COVEN OF THE SACRED CIRCLE
DESERT SAGE HERBS

5055 W. Ray Rd

PHOENIX BUDDHIST ASSOCIATION

VALLEY UNITARIAN/UNIVERSALIST CHURCH
1700 W. Warner Rd

CORNVILLE (520)

BLUE ROSE MINISTRY

DOUGLAS (520)

URANTIA OF SOUTHEASTERN ARIZONA
2739 9th St.

WINDTREE EARTH SPIRITUALITY
4611

9802 N. Castledome Rd

FLAGSTAFF (520)

A COURSE IN MIRACLES
2708 N. 4th St #A5

LHUNDRUB LING

MEETING PLACE
Hidden Hollow Rd

SATHYA SAI BABA CENTER
3883

UNITARIAN/UNIVERSALIST FELLOWSHIP
510 N. LeRoux St

UNITY CHURCH
2708 N. 4th St.

GILBERT (480)

JODO SHU DHARMA CENTER
229 E. Palo Verde St

MOONSPIRE
1450 W. Warner Rd

OMEGA SCHOOL
18208 S. 154th Street

SOURCE CIRCLE
1450 W. Warner Rd

GLENDALE (623)

HORIZON UNITY CHURCH
8561 N. 61st Ave

WEST VALLEY UNITARIAN/UNIVERSALIST
14403 N. 75th Ave

HOLBROOK (520)

EPI CENTER
615 W. Florida St

KINGMAN (520)

LEAPING LIZARD BOOKS
1570 Northern

LITCHFIELD PARK (623)

WAT PROMKUNARAM BUDDHIST TEMPLE
17212 W. Maryland

935-2276 907-0673

MESA (480)

A COURSE IN MIRACLES
2256 W. Lindner #16

CENTER FOR METAPHYSICAL STUDIES
1837 W. Guadalupe, #105

BAHA'I FAITH

CANYON STATE NATURISTS (ULC)

CHAPEL OF LIGHT
1837 W. Guadalupe #105

CHURCH OF SCIENTOLOGY
2111 W. University Drive

COMMUNITY CHURCH OF NEW THOUGHT
5013 E. Broadway Rd

FOUR DIRECTIONS (ULC)

HEALING PATH
244 N. Country Club Drive #104

HOLISTIC SUPPORT GROUP
7350 E. Stetson Drive

SAINT ANDREWS UNITED METHODIST CHURCH
301 N. Longmore

SATHYA SAI BABA CENTER
936 W. Meseto Ave

TEMPLAR FELLOWSHIP
445 N. Saguaro Drive

UNITY CHURCH
2700 E. Southern

NORTH PHOENIX (623)

CHURCH OF THE LIVING SPIRIT
2641 W. Union Hills

GURDJIEFF-OSPENSKY

NORTH PHOENIX (623)

SHOSHINKAI SOTO ZEN BUDDHIST GROUP
18836 N. 15th St.

SOCIETY/CREATIVE SPIRITUAL AWARENESS
40802 N. 26th St

UNIVERSITY OF LIFE CHURCH
8632 N. 3rd St.

PATAGONIA (520)

TREE OF LIFE REJUVENATION CTR

PAYSON (520)

PAYSON LIGHTWORKERS

SUMMIT LIGHT HOUSE

PEORIA (623)

VALLEY CHURCH OF RELIGIOUS SCIENCE
9745 W. Peoria

PHOENIX (602)

A COURSE IN MIRACLES
4108 E. Maldonado Dr.

A COURSE IN MIRACLES
5012 Torrey Pines Circle

ABRACADABRA
4613 E. Thomas

ALPHA BOOK CENTER
1928 E. McDowell

AMERICAN SOCIETY OF DOWSERS
4341 E. Broadway Rd

ANGELITE ROOM
3242 W. Turney

ANGELS OF THE DESERT (URANTIA)
302 E. Wagonwheel Dr.

ARACHNE'S WEB
15049 B, 25th Place

A. R. E. CLINIC
4018 N. 40th St.

ARIZONA BUDDHIST TEMPLE
4142 W. Clarendon

ARIZONA PATHWAYS
4126 N. 23rd Ave

BAREFOOT FREESTYLE FROLIC
4508 E. Thomas

BEYOND PRETTY ROCKS
302 E. Flower

BIKRAM'S YOGA COLLEGE OF INDIA
4412 N. Central

CALM VILLAGE BUDDHIST TEMPLE
726 W. Baseline

CENTER FOR EXPANDING CONSCIOUSNESS
6345 N. 15th St.

CENTER FOR METAPHYSICAL STUDIES
6345 N. 15th St.

CHRIST OF THE DESERT
APOSTOLIC CHURCH OF ANTIOCH

3333 W. Thunderbird Rd #1056

CHURCH OF HUMAN AWAKENING
45 W. Medlock

CHURCH OF SPIRIT AWARENESS
2145 W. Virginia

COSMIC VISION
4015 A. N. 16th Street

CREATIVE LIVING FELLOWSHIP
1241 E. Northern

DELTA VECTOR
2437 W. Desert Cove

DESERT SONG YOGA CENTER
4515 N. 16th St.

DIVINE SCIENCE CHURCH OF PHOENIX
2314 E. Pinchot

EMMISSARIES OF DIVINE LIGHT
4126 N. 23rd Ave

FOREST HOUSE
4219 W. Thunderbird

GOKUL
5515 N. 7th Street

GOLDEN TEMPLE OF ARCHANGEL RAMA
2323 N. 29th Place

GURU NANAK DWARA ASHRAM
2302 N. 9th St

HAINES CENTER
4735 N. 32nd St.

HARMONY CHAPEL (NSAC)
1522 W. Encanto Blvd

HEALTHY BODIES & SOULS
4419 N. 44th St

HIGHER VISION CENTER
6829 N. 12th St #206

HOUSE OF THE DAWN
2725 E. Fairmont

I AM TEMPLE
1625 N. 3rd Street

ILLUSIONS
4442 N. Seventh Avenue #2

INTERNATIONAL SOCIETY DIVINE LOVE
315 E. Eugie Ave

LADY SPRITE'S CUPBOARD
3184 E. Indian School

LIVING SPIRIT CENTER
6232 N. Seventh St. #204

MAGICKAL CUPBOARD
4710 N. 16th St #106

MAHARISHI VEDIC UNIVERSITY
1110 N. 16th St.

MOON VALLEY URANTIA GROUP
856 E. Village Circle South

MOUNTAIN TEMPLE CENTER
1533 E. Lupine

951-5544

979-6510

PHOENIX (602)

MUTUAL UFO NETWORK (MUFON)
5636 E. McDowell

NEW AGE COMMUNITY CHURCH
6418 S. 39th Ave.

NEW AGE SEMINARY PROGRAM
6418 S. 39th Ave

OMEGA NEW AGE DIRECTORY
6418 S. 39th Avenue

PEACE HOUSE
44th St and Oak

PHOENIX BAHAI CENTER
944 E. Mountain View Rd

PHOENIX FRIENDS OF C.G. JUNG
1777 W. Camelback H110E

PSYCHO-CYBERNETICS
6015 N. 3rd St.

SATHYA SAI BABA CENTER
SCIENCE OF MIND CENTER

6232 N. 7th St. #204

SELF-REALIZATION FELLOWSHIP
6111 N. Central

SOKA GAKKAI - PHX CULTURE CENTER
4045 N. 7th St

SOUTHWEST MIRACLES CENTER
4440 E. Indian School

SUMMIT LIGHTHOUSE
4643 E. Thomas #7

SUPREME MASTER CHING HAI ASSOCIATION
4812 N. 7th Ave

TEMPLE OF THE TRIPLE GODDESS
7625 N. 19th Ave. #129

THEOCENTRIC FOUNDATION
2808 E. Pinchot

THEOSOPHICAL SOCIETY
3HO YOGA CENTER

2302 N. 9th St.

UFO STUDY GROUP

UNITARIAN UNIVERSALIST CHURCH
4027 E. Lincoln Drive

UNITED LODGE OF THEOSOPHISTS
77 W. Encanto Blvd

UNITY CHURCH OF PHOENIX
1500 E. Greenway Parkway

URANTIA BOOK READERS

VEGETARIAN SOCIETY OF PHOENIX
407-8343

WAY TO THE LIGHT WITHIN
2418 W. Flower

WEST VALLEY NEW AGE COMMUNITY CHURCH
4442 N. Seventh Ave #2

WORLD TREE

YORUBA CULTURAL CENTER
5525 E. Thomas

957-0132

PINETOP (520)

UNITY CHURCH OF THE WHITE MTNS
537-1209

PRESCOTT (520)

MASTER OF THE HEART
6 Broadmore

SATHYA SAI BABA CENTER

SCIENCE OF MIND CHURCH
3013 N. Highway 89

SUMMIT LIGHT HOUSE

UNITY CHURCH
145 S. Arizona St.

YOGANANDA MEDITATION GROUP

ROOSEVELT (520)

REEVIS MOUNTAIN SCHOOL

SCOTTSDALE (480)

A COURSE IN MIRACLES
7425 E. Culver #101

A COURSE IN MIRACLES
16506 E. Nicklaus Drive

A PEACE OF THE UNIVERSE
7000 E. Shea Blvd #1710

ANANDA MEDITATION GROUP
6345 N. 15th St.

ARIZONA AKIDO KI SOCIETY
7845 E. Evans Rd Suite F

ASSOC. FOR THE UNFOLDMENT OF MAN
6918 E. McDonald

ASTROLOGICAL INSTITUTE
7501 E. Oak St. #130

BAHAI COMMUNITY
6232 E. Maverick Rd.

BAHAI INFORMATION CENTER
7579 E. Main, #400

CASA DE LUZ
14202 N. 60th St.

CENTER FOR HUMAN POTENTIAL
6580 N. Scottsdale Rd.

CHURCH OF CHRISTIAN PHILOSOPHY
8017 E. Hollyhock

CREATIVE CHANGES
8638 E. Berridge Lane

DEER TRIBE METIS SOCIETY
7850 E. Evans St

ECKANKAR-SCOTTSDALE
5733 E. Thomas #1

GENTLE TRUTH HEALING
14836-N. 58th St

GREATER PHX SITCHIN STUDIES GROUP
8227 E. Orange Blossom Clubhouse

INTEGRATED HEALING
4400 N. Scottsdale Rd

LOGOS CENTER
6333 E. Thunderbird

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(continued from page 16)

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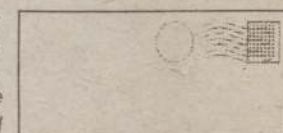
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For more information call: (602)306-2925



Jacquie Solomon is a Healer, Heart Awakener and Spiritual Teacher. Her gifts include the ability to ease a shift from the problematic to the Divine, and to allow the Divine to manifest in your life. Jacquie's clients heal in the areas of emotional well-being, physical health, harmonious relationships (both personal and business), financial prosperity, spiritual understanding, and the creative flow. Ms. Solomon's Heart Awakening sessions are most effective in dissolving deep rooted, long standing issues, gently, quickly and lovingly. Former stresses are replaced with peace, clarity, personal power, appropriate action, fulfillment, joy and bliss. Even crises are resolved and healed.

Jacquie is a survivor of a return from death experience. She also assists those who wish to connect with loved ones on the other side. Ms. Solomon trained for 20 years in a number of healing and self-healing modalities. She has integrated her spiritual background with 25 years of practical business experience. In Heart Awakening, Jacquie holds the energy of Divine unconditional love and sustains your Perfection. You return to a